

Listing of All Events (more info on each event found below):**Career/Professional Development Events:**

- [Spring Career Counseling Hours](#)
- [Panel Session on Research and Academic Administration Careers](#)
- [Applications Beyond Academia Part II: The Interview](#)
- [Communications Skills Workshops for Non-Native English Speakers](#)
- [How to conduct research that gets published and noticed—a monthly series for postdocs](#)
- [Postdoc Seminar Series—Call for Speakers](#)
- [Postdoc Council Newsletter—Submissions Wanted](#)
- [Postdoc LinkedIn Group](#)
- [OPA Website](#)

Social Events:

- [Postdoc Coffee/Tea Hour—CUMC](#)

Career/Professional Development Events:

- **Spring Career Counseling Sessions**

Did you know that the Office of Postdoctoral Affairs offers one-on-one career counseling to postdocs? These individualized sessions are intended for you to discuss career-related topics such as career exploration strategies and how to initiate a job search inside or outside of Academia. Alternatively, one could utilize this session to receive feedback on their CV, resume, and/or cover letter, or participate in a mock interview.

Winter Career Counseling Hours: Tuesdays, 11am-2pm and Wednesdays, 2:30pm-4:30pm. Please see <http://postdocs.columbia.edu/careerdevelopment.html> for instructions on how to sign up for a career counseling session. March sessions are now available for sign up.

- **Panel Session on Research and Academic Administration Careers**

A panel focused on careers in research and academic administration will take place in the early evening of March 25th at Columbia University. This career panel session is part of a monthly career panel series for doctoral level graduate students and postdocs at Columbia University. The goal of the career panel series is to expose trainees to a broad range of career options available to them and provide a forum for trainees to learn about the experiences of individuals who have transitioned into these careers following their graduate or postdoctoral training. The panelists will respond to moderated questions in the first half of the event, after which questions from audience members will be addressed.

The panelists, who have training backgrounds in the fields of Astrophysics, Biology, Psychology, and Political Science include:

Ellie Schmelzer, PhD
Associate Director in the Office of Career Strategy at Yale University

Aderemi Dosanmu, Ph.D
Biological Safety Officer in the Environmental Health and Safety Office at Columbia University

Bernard A. Polnarev, Ph.D.

Administrative Executive Officer for Academic Affairs at LaGuardia Community College

Ashley Jester, PhD

Data Services Coordinator for the Social Sciences Libraries at Columbia University

Dorottya Blaho Noble, PhD

Assistant Director of the Sackler Institute at Yale University

Date: March 25th, 2015

Time: 6:00-7:30 pm with networking reception from 7:30-8:30 PM with light refreshments.

Where: Medical Campus, Hammer Health Sciences Building, room 301

RSVP: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77373>

- ***Applications Beyond Academia Part II: The Interview***

Very often the recipe for a successful interview is a combination of practice, preparation, and confidence; it is about knowing what to expect while being prepared for the unexpected. This workshop will focus on: 1) how to practice and prepare for interviews outside academia; 2) different styles and types of interviews; 3) sample questions and effective responses; 4) appropriate behavior, dress, and follow-up etiquette. Attendees will have opportunity to practice responses to several key questions and to ask questions about areas of concern.

Date: Thursday, March 26th

Time: 5:00 – 6:30 p.m.

Location: Morningside Campus, specific room location will be sent upon registration

Registration: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77374>

*****Limited to: 25. Attendees will have priority for signing up for an individual career counseling session with Ruth Longobardi in the month of April.

- **Communications Skills Workshops for Non-Native English Speakers**

Improving Intelligibility: Intonation, stress, and pitch

One of the keys to being understood and understanding native English speakers is tackling English intonation, stress, and pitch patterns. There is nothing that transforms your spoken English more than an understanding of how English prosody works. In this workshop, we look at the “musicality” of English—we take apart and then practice intonation, sentence and word stress, and pitch.

Morningside

Date: Thursday, March 26th

Time: 1:00pm—3:00pm

Location: Teachers College, Russell Hall, room 306 in Gottesman Library (In the back of the library on the 3rd floor)

Map: http://www.tc.columbia.edu/media/media-library-2014/top-level-assets/27697_Entrance_Level_Map.pdf

Registration required: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77357>

CUMC

Date: Friday, March 27th

Time: 1:00pm—3:00pm

Location: Hammer Building, room 404

Registration required: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77358>

Improving Intelligibility: Connected Speech

How can our spoken English sound more native-like? How can we make ourselves more intelligible to native speakers? In this workshop, we practice the systematic way in which native speakers create “speech flow” which is the result of connected speech. We look at the consonant-vowel patterns important to connected speech and practice and practice them in context. The combination of understanding English prosody and deconstructing speech will transform your spoken English.

Morningside

Date: Thursday, April 9th
Time: 1:00pm—3:00pm
Location: TBD

Registration required: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77359>

CUMC

Date: Friday, April 10th
Time: 1:00pm—3:00pm
Location: Hammer Building, room LL208A/B

Registration required: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77360>

- **How to conduct research that gets published and noticed – a monthly series for postdocs**

Publishing one’s research in a top tier journal is often the goal for both a postdoc and their PI. This accomplishment, first and foremost, requires innovative and groundbreaking research. Not to be overlooked though, are the steps and processes taken when conducting the research that eventually may lead to a high impact publication. In this monthly seminar series we will examine the research life cycle for a postdoc from research design best practices through considerations for getting a publication noticed. Throughout the series we will use the theme of publishing one’s research to delve into topics related to conducting research with integrity. The series will run from the months of April through November occurring from 12-1 PM on the third Thursday of each month at CUMC with lunch provided. Further information about the entire series can be found at: <http://postdocseries.wikischolars.columbia.edu/home>

The series will kick off on Thursday, April 16th from 12-1PM with the first session focusing on roles and responsibilities for Postdocs and best approaches to being mentored and devising an authorship strategy. This session will be led by Joel Roselin, the Assistant Director of Research Compliance Education in the Office of Research Compliance and Training.

When: Thursday, April 16th 12-1 PM (lunch provided)

Where: (CUMC) Hammer Health Sciences Building, room LL209A/B

Registration (first session only): <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77619>

- **Postdoc Seminar Series – Call for Speakers for Next Sessions**

This is a call for speakers for our next Postdoc Seminar Series sessions taking place on Tuesday, April 21st and Tuesday, May 19th. Campus location of the session will depend on campus location of speakers. Postdocs interested in being a speaker at one of these Postdoc Seminar Series sessions should email rf2531@cumc.columbia.edu.

The Postdoc Seminar Series is a monthly seminar series given by Columbia University postdocs featuring:

A “TED” style talk - A 10-15 minute presentation designed for a broad audience. Lose the jargon and data rich slides and tell us the story of your research to convey its significance. This format is ideal for those on or soon to be on the job market.

A traditional research seminar – A 20-30 minute standard research seminar presentation. Set up the context of your research and then show us your experimental approach, data, and conclusions. We’ll give you feedback and perhaps a perspective you had not thought of before.

To occur at noon on the 3rd Tuesday of each month - free lunch provided. All postdocs are encouraged to attend and learn about the research projects being undertaken by their Columbia postdoc peers. We will also provide an opportunity for the audience to give feedback to the speakers on their presentations.

- **Postdoc Council Newsletter – Submissions Wanted**

The Postdoc Council Newsletter Editorial Committee welcomes you to submit content for the Postdoc Council Newsletter, a quarterly publication with its first issue set for release in early May. The newsletter will have a variety of sections specifically relevant for you, the Columbia University Postdoc Community. There are a few sections of the newsletter in which we are seeking content submissions, please see below. If interested, please submit content for these sections by following the instructions provided. We will be accepting content submissions through April 15th.

Research/Scholarly Articles Recently Published (by you). Please submit article information along with quarter page summary of significance and impact of this publication in your field.

Recent Awards and Honors, e.g. Fellowships, Career Transition Awards, Invited Talks (awarded to you). Please limit to 2 sentences.

Postdocs on the Move. This section is for postdocs that are moving on from Columbia and wish to share info about their new positions. Please limit to 3 sentences.

Collaboration Corner. Section is for those looking for collaborators or wishing to form new collaborations. Please limit your ad to 3 sentences and provide an email address in ad for interested parties to contact you.

Housing Want-Ads. Section for those looking for roommates, apartments, room rentals, sublets, etc. Please limit your ad to 3 sentences and provide an email address in ad for interested parties to contact you.

Cartoon. This section is for those looking to share with all of us their artistic/humorous side by submitting a cartoon. Please limit to half page.

Creative Writing Piece. This section is for those looking to share with all of us their creative side by submitting a short creative piece such as a short story or poem. Please limit to one page.

To submit content for any of the sections above, please send an email to cupostdocnewsletter@gmail.com with a subject line: Newsletter Submission. Please include your full name and department in your email along with which section you are providing content for. You may submit your content either directly in the email or as an attachment. We are accepting content submissions from now through April 15th, with the publication of the newsletter slated for May 11th. Please ensure that any content submitted, particularly any housing want ads, will be relevant for an early May newsletter print date.

- **Office of Postdoctoral Affairs LinkedIn Group – Job ads and Career articles**

Do you have a LinkedIn account? If not, you should – networking is invaluable for landing the position you will seek following your training. If you do have a LinkedIn account, you should strongly consider joining the Columbia University Postdocs and Postdoc Alumni Group on LinkedIn. You can join the private group by searching for 'Columbia University Postdocs and Postdoc Alumni' under groups and submitting a request to join. The group has grown to 630 members, and beyond current Columbia Postdocs, there are also numerous Columbia Postdoc Alumni members that are employed across many different career sectors belonging to the group. The Office of Postdoctoral Affairs frequently receives position openings and job ads from employers both within and outside of Academia and we post these job ads exclusively on the LinkedIn group page. We also post relevant and timely career articles and pieces about the job market, professional and career development topics, and advice columns. Join the group today to start taking advantage of this great resource!

- **Office of Postdoctoral Affairs Website**

Did you know that the Office of Postdoctoral Affairs (OPA) maintains a website (<http://postdocs.columbia.edu/>) containing a wealth of information for postdocs? What types of information can be found on the OPA webpage? The Postdoc handbook with policies and procedures around being a postdoc at Columbia, the OPA monthly events calendar, funding opportunities, as well as career resources with listings of groups to join, webpages to browse, and job search sites to utilize. This is by no means an exhaustive list, so be sure to take a spin through the OPA webpage to see what information is most relevant and helpful to you. If you feel there are pieces of information that should be added to the OPA webpage that are not currently there, please let us know, as we are always looking to provide the most relevant and useful information to Columbia Postdocs.

Social/Networking Events:

- **Postdoc Weekly Coffee/Tea Hour – CUMC**

These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like.

CUMC

Date: Thursday, March 26th
Time: 3:30PM – 4:30PM
Location: Hammer Building, room 316