Listing of All Events (more info on each event found below):

**Career/Professional Development Events:**

- Spring Career Counseling Hours
- Teaching 2.0 – What you need to know to be a successful teacher
- Communications Skills Workshops for Non-Native English Speakers
- How to conduct research that gets published and noticed—a monthly series for postdocs
- Careers in Health Data Science—Info Session from Insights Data Science
- LinkedIn 101: Building Your Professional Community
- Postdoc Council Newsletter—Submissions Wanted
- Postdoc LinkedIn Group
- OPA Website

**Social Events:**

- Postdoc Coffee/Tea Hour—CUMC

**Career/Professional Development Events:**

- **Spring Career Counseling Sessions**

  Did you know that the Office of Postdoctoral Affairs offers one-on-one career counseling to postdocs? These individualized sessions are intended for you to discuss career-related topics such as career exploration strategies and how to initiate a job search inside or outside of Academia. Alternatively one could utilize this session to receive feedback on their CV, resume, and/or cover letter, or participate in a mock interview.

  Winter Career Counseling Hours: Tuesdays, 11am-2pm and Wednesdays, 2:30pm-4:30pm. Please see [http://postdocs.columbia.edu/careerdevelopment.html](http://postdocs.columbia.edu/careerdevelopment.html) for instructions on how to sign up for a career counseling session. April sessions are now available for sign up.

- **Teaching 2.0 – What you need to know to be a successful teacher**

  This 10 session teaching course for postdocs will introduce foundational principles of teaching by covering the topics of cognitive theories of learning, course and lesson design, classroom management, assessments, active learning and student engagement, inclusive learning environments, and technology in the classroom. Additional topics covered will include statements of teaching philosophy, the various types of teaching and education careers available, and preparing for a teaching career at a primarily undergraduate institute.

  The course is being cosponsored by the Office of Postdoctoral Affairs and the Center for New Media Technology and Learning at Columbia University. The course will be held on Thursday evenings on the medical campus, beginning on April 16th and ending on June 18th. For more information about the course, including how to register, please visit the course webpage at [http://bit.ly/postdocs-teaching](http://bit.ly/postdocs-teaching). Please note that there are currently only a limited number of registration spots remaining in the classroom session component of the course (no spots left in the practicum component), so please do not delay in registering if you are interested in taking this course.
• **Communications Skills Workshops for Non-Native English Speakers**

**Improving Intelligibility: Connected Speech**

How can our spoken English sound more native-like? How can we make ourselves more intelligible to native speakers? In this workshop, we practice the systematic way in which native speakers create “speech flow” which is the result of connected speech. We look at the consonant-vowel patterns important to connected speech and practice and practice them in context. The combination of understanding English prosody and deconstructing speech will transform your spoken English.

**Morningside**

- **Date:** Thursday, April 9th
- **Time:** 1:00pm—3:00pm
- **Location:** Teachers College (525 W. 120th St.); Thompson Hall, room 227


**CUMC**

- **Date:** Friday, April 10th
- **Time:** 1:00pm—3:00pm
- **Location:** Hammer Building, room LL208A/B


• **How to conduct research that gets published and noticed – a monthly series for postdocs**

Publishing one’s research in a top tier journal is often the goal for both a postdoc and their PI. This accomplishment, first and foremost, requires innovative and groundbreaking research. Not to be overlooked though, are the steps and processes taken when conducting the research that eventually may lead to a high impact publication. In this monthly seminar series we will examine the research life cycle for a postdoc from research design best practices through considerations for getting a publication noticed. Throughout the series we will use the theme of publishing one’s research to delve into topics related to conducting research with integrity. The series will run from the months of April through November occurring from 12-1 PM on the third Thursday of each month at CUMC with lunch provided. Further information about the entire series can be found at: [http://postdocseries.wikischolars.columbia.edu/home](http://postdocseries.wikischolars.columbia.edu/home)

The series will kick off on Thursday, April 16th from 12-1PM with the first session focusing on roles and responsibilities for Postdocs and best approaches to being mentored and devising an authorship strategy. This session will be led by Joel Roselin, the Assistant Director of Research Compliance Education in the Office of Research Compliance and Training.

**CUMC**

- **When:** Thursday, April 16th, 12-1 PM (lunch provided)
- **Where:** Hammer Health Sciences Building, room LL209A/B
• **Careers in Health Data Science – Info Session from Insight Data Science**

There is an unprecedented amount of data across the health and life sciences sector: genome sequences, drug screens, clinical trial data, electronic medical records, claims data, longitudinal studies, and even quantified-self data. This information is a form of “big data” not only for the sheer size but also its complexity, diversity, and time-dependence. Health data scientists analyze this data to find more effective treatments for a given disease, increase quality of life using personalized lifestyle recommendations, discover new types of cancer treatments, provide realtime health information to doctors or families, and link environmental factors to disease and corresponding treatment options.

Scientists with research experience in computational biology, bioinformatics, genomics, physics, math, engineering, and other quantitative fields are playing key roles in transforming the way companies and non-profits work with data to impact our daily lives. In this seminar, Kathy Copic, Director for Growth with Insight Data Science, will describe the health data science landscape, and will give examples and advice for those interested in transitioning to industry based on the experience of working with over 200 PhDs.

Kathy will also share her experience working with the Insight Health Data Science Fellowship Program, which provides an intensive seven-week postdoctoral training fellowship designed to bridge the gap between academia and a career in industry. Insight Alumni are now working as data scientists at Memorial Sloan Kettering Cancer Center, Counsel, Oscar Health as well as many other leading data science teams on the east and west coasts. To learn more about the first Health Data Science session in Boston from Insight Data Science please use the following link: insighthealthdata.com. To find out more about Insight’s Data Science and Data Engineering programs please use the following links: insightdatascience.com and insightdataengineering.com

Date: Friday, April 17th
Time: 12-1 PM talk with 1-1:30 PM for Q/A
Location: (CUMC) Hammer Health Sciences Building, room LL204
Registration: https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77918

• **LinkedIn 101: Building Your Professional Community**

LinkedIn is a professional networking site that provides users with unique access to a broad range of professionals as well as vital information about careers and job opportunities. In this hands-on workshop, led by Ruth Longobardi, the postdoc career counselor, attendees will learn: 1) how to create a powerful professional profile; 2) how to effectively use LinkedIn tools and features; 3) how to begin to build a professional community outside academia; and 4) how to maximize career exploration opportunities. Attendees will have the opportunity to share their LinkedIn profiles and to receive feedback and advice in a small group setting.

Date: Thursday, April 23rd
Time: 5:00 – 6:30 p.m.
Location: Morningside Campus, specific room location will be sent upon registration
Registration: https://calendar.columbia.edu/sundial/webapi/register.php?eventID=77919

*****Limited to: 25. Attendees will have priority for signing up for an individual career counseling session with Ruth Longobardi in the month of May.
• **Postdoc Council Newsletter – Submissions Wanted**

The Postdoc Council Newsletter Editorial Committee welcomes you to submit content for the Postdoc Council Newsletter, a quarterly publication with its first issue set for release in early May. The newsletter will have a variety of sections specifically relevant for you, the Columbia University Postdoc Community. There are a few sections of the newsletter in which we are seeking content submissions, please see below. If interested, please submit content for these sections by following the instructions provided. We will be accepting content submissions through April 15th.

**Research/Scholarly Articles Recently Published (by you).** Please submit article information along with quarter page summary of significance and impact of this publication in your field.

**Recent Awards and Honors, e.g. Fellowships, Career Transition Awards, Invited Talks (awarded to you).** Please limit to 2 sentences.

**Postdocs on the Move.** This section is for postdocs that are moving on from Columbia and wish to share info about their new positions. Please limit to 3 sentences.

**Collaboration Corner.** Section is for those looking for collaborators or wishing to form new collaborations. Please limit your ad to 3 sentences and provide an email address in ad for interested parties to contact you.

**Housing Want-Ads.** Section for those looking for roommates, apartments, room rentals, sublets, etc. Please limit your ad to 3 sentences and provide an email address in ad for interested parties to contact you.

**Cartoon.** This section is for those looking to share with all of us their artistic/humorous side by submitting a cartoon. Please limit to half page.

**Creative Writing Piece.** This section is for those looking to share with all of us their creative side by submitting a short creative piece such as a short story or poem. Please limit to one page.

To submit content for any of the sections above, please send an email to cupostdocnewsletter@gmail.com with a subject line: Newsletter Submission. Please include your full name and department in your email along with which section you are providing content for. You may submit your content either directly in the email or as an attachment. We are accepting content submissions from now through April 15th, with the publication of the newsletter slated for May 11th. Please ensure that any content submitted, particularly any housing want ads, will be relevant for an early May newsletter print date.

• **Office of Postdoctoral Affairs LinkedIn Group – Job ads and Career articles**

Do you have a LinkedIn account? If not, you should – networking is invaluable for landing the position you will seek following your training. If you do have a LinkedIn account, you should strongly consider joining the Columbia University Postdocs and Postdoc Alumni Group on LinkedIn. You can join the private group by searching for ‘Columbia University Postdocs and Postdoc Alumni’ under groups and submitting a request to join. The group has grown to 630 members, and beyond current Columbia Postdocs, there are also numerous Columbia Postdoc Alumni members that are employed across many different career sectors belonging to the group. The Office of Postdoctoral Affairs frequently receives position openings and job ads from employers both within and outside of Academia and we post these job ads exclusively on the LinkedIn group page. We also post relevant and timely career articles and pieces about the job market, professional and career development topics, and advice columns. Join the group today to start taking advantage of this great resource!
Office of Postdoctoral Affairs Website

Did you know that the Office of Postdoctoral Affairs (OPA) maintains a website (http://postdocs.columbia.edu/) containing a wealth of information for postdocs? What types of information can be found on the OPA webpage? The Postdoc handbook with policies and procedures around being a postdoc at Columbia, the OPA monthly events calendar, funding opportunities, as well as career resources with listings of groups to join, webpages to browse, and job search sites to utilize. This is by no means an exhaustive list, so be sure to take a spin through the OPA webpage to see what information is most relevant and helpful to you. If you feel there are pieces of information that should be added to the OPA webpage that are not currently there, please let us know, as we are always looking to provide the most relevant and useful information to Columbia Postdocs.

Social/Networking Events:

- **Postdoc Weekly Coffee/Tea Hour – CUMC**

These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like.

**CUMC**
Date: Thursday, April 9th
Time: 3:00PM – 4:00PM
Location: Hammer Building, room 316