Listing of All Events (more info on each event found below):

**Career/Professional Development Events:**
- Spring Career Counseling Hours
- How to conduct research that gets published and noticed—a monthly series for postdocs
- Careers in Health Data Science—Info Session from Insights Data Science
- Careers in Data Science and Data Engineering - Info Session from Insight Data Science
- LinkedIn 101: Building Your Professional Community
- F1000 Workshop and Happy Hour for Columbia University PhD students, Postdocs, and Faculty
- Panel Session on Teaching and Education Careers
- Postdoc Council Newsletter – Submissions Wanted
- Postdoc LinkedIn Group
- OPA Website

**Social Events:**
- Postdoc Coffee/Tea Hour—Morningside

**Career/Professional Development Events:**

- **Spring Career Counseling Sessions**

  Did you know that the Office of Postdoctoral Affairs offers one-on-one career counseling to postdocs? These individualized sessions are intended for you to discuss career-related topics such as career exploration strategies and how to initiate a job search inside or outside of Academia. Alternatively, one could utilize this session to receive feedback on their CV, resume, and/or cover letter, or participate in a mock interview.

  Winter Career Counseling Hours: Tuesdays, 11am-2pm and Wednesdays, 2:30pm-4:30pm. Please see [http://postdocs.columbia.edu/careerdevelopment.html](http://postdocs.columbia.edu/careerdevelopment.html) for instructions on how to sign up for a career counseling session. April sessions are now available for sign up.

- **How to conduct research that gets published and noticed – a monthly series for postdocs**

  Publishing one’s research in a top-tier journal is often the goal for both a postdoc and their PI. This accomplishment, first and foremost, requires innovative and groundbreaking research. Not to be overlooked, though, are the steps and processes taken when conducting the research that eventually may lead to a high-impact publication. In this monthly seminar series, we will examine the research life cycle for a postdoc from research design best practices through considerations for getting a publication noticed. Throughout the series, we will use the theme of publishing one’s research to delve into topics related to conducting research with integrity. The series will run from the months of April through November occurring from 12-1 PM on the third Thursday of each month at CUMC with lunch provided. Further information about the entire series can be found at: [http://postdocseries.wikischolars.columbia.edu/home](http://postdocseries.wikischolars.columbia.edu/home)

  The series will kick off on Thursday, April 16th from 12-1PM with the first session focusing on roles and responsibilities for Postdocs and best approaches to being mentored and devising an authorship strategy. This session will be led by Joel Roselin, the Assistant Director of Research Compliance Education in the Office of Research Compliance and Training.

  **CUMC**
  - **When:** Thursday, April 16th, 12-1 PM (lunch provided)
  - **Where:** Hammer Health Sciences Building, room LL209A/B
• **Careers in Health Data Science – Info Session from Insight Data Science**

There is an unprecedented amount of data across the health and life sciences sector: genome sequences, drug screens, clinical trial data, electronic medical records, claims data, longitudinal studies, and even quantified-self data. This information is a form of “big data” not only for the sheer size but also its complexity, diversity, and time-dependence. Health data scientists analyze this data to find more effective treatments for a given disease, increase quality of life using personalized lifestyle recommendations, discover new types of cancer treatments, provide realtime health information to doctors or families, and link environmental factors to disease and corresponding treatment options.

Scientists with research experience in computational biology, bioinformatics, genomics, physics, math, engineering, and other quantitative fields are playing key roles in transforming the way companies and non-profits work with data to impact our daily lives. In this seminar, Kathy Copic, Director for Growth with Insight Data Science, will describe the health data science landscape, and will give examples and advice for those interested in transitioning to industry based on the experience of working with over 200 PhDs.

Kathy will also share her experience working with the Insight Health Data Science Fellowship Program, which provides an intensive seven-week postdoctoral training fellowship designed to bridge the gap between academia and a career in industry. Insight Alumni are now working as data scientists at Memorial Sloan Kettering Cancer Center, Counsel, Oscar Health as well as many other leading data science teams on the east and west coasts. To learn more about the first Health Data Science session in Boston from Insight Data Science please use the following link: [insighthealthdata.com](https://insighthealthdata.com). To find out more about Insight’s Data Science and Data Engineering programs please use the following links: [insightdatascience.com](https://insightdatascience.com) and [insightdataengineering.com](https://insightdataengineering.com)

**CUMC**
- **Date:** Friday, April 17th
- **Time:** 12-1 PM talk with 1-1:30 PM for Q/A  
- **Location:** (CUMC) Hammer Health Sciences Building, room LL204

• **Careers in Data Science and Data Engineering - Info Session from Insight Data Science**

Top companies are hiring data scientists and engineers to help find insights in the petabytes of data that they collect every day. Scientists and engineers with research backgrounds in physics, astronomy, computational biology, neuroscience, math, statistics, computer science, and other quantitative fields are playing key roles in transforming the way these companies work with data to impact our daily lives.

Yan Kou, Kevin Mercurio, and Genevieve Smith, Insight Program Directors, will be leading a discussion and Q&A on careers in data science and data engineering.

We will provide a high-level overview of data science in technology, health, media, and non-profits. The session will include time for Q&A, as well as advice for those interested in transitioning to careers in data science and data engineering.

The Insight Fellows Program is a free training fellowship for graduate students and postdocs designed to bridge the gap between academia and a career in data science and engineering. Insight provides seven-week, full-time, postdoctoral training fellowships in New York City, Boston, and Silicon Valley. They offer a full-tuition scholarship, dedicated office space, and self-directed, project-based learning under the guidance of top industry mentors. The first session focused specifically on Health Data will be held this summer in Boston.
Over 200 PhDs have completed the program; Insight alumni are now data scientists and engineers at the New York Times, Netflix, NBC, MTV, Khan Academy, Memorial Sloan Kettering Cancer Center, Bloomberg, Google, Facebook, Apple, Twitter, Reddit, and other top companies.

Find out more about our Data Science and Data Engineering programs in New York City and Silicon Valley: [insightdatascience.com](http://insightdatascience.com) and [insightdataengineering.com](http://insightdataengineering.com)

Learn more about our first Health Data Science session in Boston at: [insighthealthdata.com](http://insighthealthdata.com)

**Morningside**

- **Date:** Tuesday, April 21st
- **Time:** 12-1 PM talk with 1-1:30 PM for Q/A
- **Location:** (Morningside) room will be announced next Monday and will be sent out to registrants

**LinkedIn 101: Building Your Professional Community**

LinkedIn is a professional networking site that provides users with unique access to a broad range of professionals as well as vital information about careers and job opportunities. In this hands-on workshop, led by Ruth Longobardi, the postdoc career counselor, attendees will learn: 1) how to create a powerful professional profile; 2) how to effectively use LinkedIn tools and features; 3) how to begin to build a professional community outside academia; and 4) how to maximize career exploration opportunities. Attendees will have the opportunity to share their LinkedIn profiles and to receive feedback and advice in a small group setting.

- **Date:** Thursday, April 23rd
- **Time:** 5:00 – 6:30 p.m.
- **Location:** Morningside Campus, specific room location will be sent upon registration

*****Limited to: 25. Attendees will have priority for signing up for an individual career counseling session with Ruth Longobardi in the month of May.

**F1000 Workshop and Happy Hour for Columbia University PhD students, Postdocs and Faculty**

Faculty of 1000 (F1000) is an online compilation of powerful tools that provides scientists and clinicians with a broad range of services for the rapid discovery, assessment and publication of research. It comprises the largest group of leading experts in biology and medicine.

Student and faculty access to F1000 at Columbia University Medical Center (CUMC) has been made possible by the Augustus C.Long Health Sciences Library. F1000 features the following scientific tools:

- **F1000Prime** - Personalized recommendations of the best research articles in biology and medicine by the world's largest group of leading scientists and clinicians.
- **F1000Research** - An open science publication platform for life scientists that offers rapid publication and transparent peer review.
F1000Posters - An open access repository for posters and slide presentations in biology and medicine that is free to view and deposit.

The F1000 workshop will be led by Kinga Hosszu PhD, Outreach Director with F1000 Americas, and Cesar Berrios-Otero PhD, Outreach Director with F1000Research Americas. This hands-on presentation will introduce the audience to the F1000Prime recommendations database that highlights important articles in biology and medicine. The audience will learn how to integrate personalized F1000Prime recommendations into their daily workflow and save time in order to keep up with research in their field. Additionally, they will discuss how the online publishing platform, F1000Research aims at bringing the “youtube experience” to science publishing.

The F1000 workshop will be followed by a less formal talk given during a happy hour entitled: Pipettes, tweets, and selfies: Research in the age of social media. The talk explores how social media influences the way scientists publish and communicate their results. The presentation examines how Twitter, Facebook, Google+, etc. can be used as educational platforms for issues that matter to scientists. In an era of ever dwindling funding sources, these social media platforms can be utilized to raise funds to answer pressing research questions. This information will benefit scientists allowing them to quickly grow their sphere of influence, disseminate information about select publications, and foster interaction with peers and the public at large.

This event is being cosponsored by Columbia University's Office of Postdoctoral Affairs and the Augustus C. Long Health Sciences Library.

**Date:** Tuesday, April 28th  
**Time:** 4:00-6:00 PM  
**Location:** CUMC, Hammer Health Sciences Building, LL204. Happy hour will occur in a different location which will be communicated to those attending the workshop.  
**Registration:** [http://cumc-f1000workshop.eventbrite.co.uk/](http://cumc-f1000workshop.eventbrite.co.uk/)

### Panel Session on Teaching and Education Careers

A panel focused on careers in teaching and education will take place in the early evening of April 29th at Columbia University. This career panel session is part of a monthly career panel series for doctoral level graduate students and postdocs at Columbia University. The goal of the career panel series is to expose trainees to a broad range of career options available to them and provide a forum for trainees to learn about the experiences of individuals who have transitioned into these careers following their graduate or postdoctoral training. The panelists will respond to moderated questions in the first half of the event, after which questions from audience members will be addressed.

The panelists, who have training backgrounds in the fields of veterinary medicine and parasitology, developmental biology, metabolism and nutrition, as well as chemical engineering include:

Amy Savage, PhD  
Assistant professor of Biology and Director of Citizen Science Program at Bard College

Matthew Marcello, PhD  
Assistant Professor of Biology at Pace University

Jeanne Garbarino, PhD  
Director of Science Outreach at Rockefeller University

Elizabeth Biddinger, PhD  
Assistant Professor of Chemical Engineering at City College in New York
**Postdoc Council Newsletter – Submissions Wanted**

The Postdoc Council Newsletter Editorial Committee welcomes you to submit content for the Postdoc Council Newsletter, a quarterly publication with its first issue set for release in early May. The newsletter will have a variety of sections specifically relevant for you, the Columbia University Postdoc Community. There are a few sections of the newsletter in which we are seeking content submissions, please see below. If interested, please submit content for these sections by following the instructions provided. We will be accepting content submissions through April 15th.

Research/Scholarly Articles Recently Published (by you). Please submit article information along with quarter page summary of significance and impact of this publication in your field.

Recent Awards and Honors, e.g. Fellowships, Career Transition Awards, Invited Talks (awarded to you). Please limit to 2 sentences.

Postdocs on the Move. This section is for postdocs that are moving on from Columbia and wish to share info about their new positions. Please limit to 3 sentences.

Collaboration Corner. Section is for those looking for collaborators or wishing to form new collaborations. Please limit your ad to 3 sentences and provide an email address in ad for interested parties to contact you.

Housing Want-Ads. Section for those looking for roommates, apartments, room rentals, sublets, etc. Please limit your ad to 3 sentences and provide an email address in ad for interested parties to contact you.

Cartoon. This section is for those looking to share with all of us their artistic/humorous side by submitting a cartoon. Please limit to half page.

Creative Writing Piece. This section is for those looking to share with all of us their creative side by submitting a short creative piece such as a short story or poem. Please limit to one page.

To submit content for any of the sections above, please send an email to cupostdocnewsletter@gmail.com with a subject line: Newsletter Submission. Please include your full name and department in your email along with which section you are providing content for. You may submit your content either directly in the email or as an attachment. We are accepting content submissions from now through April 15th, with the publication of the newsletter slated for May 11th. Please ensure that any content submitted, particularly any housing want ads, will be relevant for an early May newsletter print date.

**Office of Postdoctoral Affairs LinkedIn Group – Job ads and Career articles**

Do you have a LinkedIn account? If not, you should – networking is invaluable for landing the position you will seek following your training. If you do have a LinkedIn account, you should strongly consider joining the Columbia University Postdocs and Postdoc Alumni Group on LinkedIn. You can join the private group by searching for ‘Columbia University Postdocs and Postdoc Alumni’ under groups and submitting a request to join. The group has grown to 630 members, and beyond current Columbia Postdocs, there are also numerous Columbia Postdoc Alumni members that are employed across many different career sectors belonging to the group. The Office of Postdoctoral Affairs frequently receives position openings and job ads from employers both within and outside of
Academia and we post these job ads exclusively on the LinkedIn group page. We also post relevant and timely career articles and pieces about the job market, professional and career development topics, and advice columns. Join the group today to start taking advantage of this great resource!

- **Office of Postdoctoral Affairs Website**

  Did you know that the Office of Postdoctoral Affairs (OPA) maintains a website ([http://postdocs.columbia.edu/](http://postdocs.columbia.edu/)) containing a wealth of information for postdocs? What types of information can be found on the OPA webpage? The Postdoc handbook with policies and procedures around being a postdoc at Columbia, the OPA monthly events calendar, funding opportunities, as well as career resources with listings of groups to join, webpages to browse, and job search sites to utilize. This is by no means an exhaustive list, so be sure to take a spin through the OPA webpage to see what information is most relevant and helpful to you. If you feel there are pieces of information that should be added to the OPA webpage that are not currently there, please let us know, as we are always looking to provide the most relevant and useful information to Columbia Postdocs.

**Social/Networking Events:**

- **Postdoc Weekly Coffee/Tea Hour – Morningside**

  These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like.

  **Morningside**
  
  Date: Thursday, April 16th
  Time: 3:30PM – 4:30PM
  Location: Schapiro (CEPSR), room 414