Listing of All Events (more info on each event found below):

- Minority Postdoc Coalition Meeting
- Research Lunch Hour - CUMC
- ELabNYC Info Session and Panel
- Career Exploration and Planning Workshop: From Assessment to Actualization
- Interpersonal Communications Workshop: Understanding Style Differences to Build Relationships
- Morningside Campus Postdoc Council Member Recruitment
- Summer Institute for Teaching and Learning from Columbia Center for New Media Technology and Learning (CNMTL)
- NYWiSTEM - Managing your stipend/salary: Intro to personal finance
- New York Academy of Sciences (NYAS) Afterschool STEM Mentoring Program
- Postdoc Mailing Lists – Social, Equipment, Families, and Housing
- Postdoc Weekly Coffee/Tea Hour – CUMC
- NewYorkPostdocs.com Meet and Greet
- Research Seminars
- Funding Opportunities Resources
- Career Resources

Career Development Events:

Office of Postdoctoral Affairs

- Minority Postdoc Coalition Meeting

  The Minority Postdoc Coalition (MPC) brings together underrepresented racial and ethnic (Black, Latino, & Native America) postdoctoral scientists, scholars, and fellows across disciplines to build valuable professional networks, and to promote and support diversity and inclusiveness here at Columbia University. This coalition aims to provide information about opportunities such as conferences, workshops, seminars, grants/fellowships, travel awards, and volunteer opportunities uniquely related to issues of diversity. In addition, this group seeks to provide a social and support network for underrepresented members of Columbia's postdoctoral community.

  Date: Wednesday, June 18th, 2014
  Time: 1-2pm
  Location: Hammer Building, room 306
  Registration: https://calendar.columbia.edu/sundial/webapi/register.php?eventID=72344

- Research Lunch Hour (CUMC)

  Join us for another Research Presentation Lunch Hour!
  Come have some lunch, network with fellow Postdocs, and hear about their current research.

  Our presenters will be:
**ELabNYC Info Session and Panel**

This session will provide information about ELabNYC’s prestigious 6-month training and mentorship program for aspiring entrepreneurs in New York City’s life sciences and healthcare technology community. ELabNYC provides extensive support to graduate students of science, post-docs, early-career researchers and engineers interested in forming new biotech and health tech ventures.

Launched by the Bloomberg Administration and New York City Economic Development Corporation, and led by a team of experienced entrepreneurs, the Lab is designed to:

- Develop a more vibrant ecosystem for entrepreneurship and venture creation in the City’s academic life sciences and healthcare communities
- Teach entrepreneurial business concepts to aspiring entrepreneurs, including concepts that are fundamental to the life sciences and healthcare industries
- Define a clear path for NYC’s entrepreneurially-minded graduate students and post-docs to start or join new commercial ventures based in NYC
- Build a local platform for the next generation of life sciences and healthcare technology entrepreneurs in NYC

The Program is held annually and features a mini-MBA curriculum, expert coaching, pitch preparation support, team building activities and access to a community of seasoned entrepreneurs, investors and mentors.

**Career Exploration and Planning Workshop: From Assessment to Actualization**

Are you interested in career exploration but don’t know where/how to start? This 60 minute workshop led by Ruth Longobardi (career counselor for Office of Postdoctoral Affairs) and Rory Flinn (Director of the Office of Postdoctoral Affairs) will assist participants in their career exploration by breaking down the process into several steps. This interactive workshop will have participants conduct a self-assessment, identify potential career paths, and strategically evaluate potential career options.

Date: Tuesday June 24th
**Interpersonal Communications Workshop: Understanding Style Differences to Build Relationships**

People are different in many ways. Almost invariably, most people you interact with are quite different from you in terms of how they communicate, handle emotions, and deal with conflict and stress, as well as how they think, decide, listen and talk. When you interact with someone who is different from you—and again, that is most people—it can be challenging to establish rapport or to be credible and persuasive. It can be even more challenging to create and maintain a positive and productive relationship.

The willingness and ability to appreciate and respond to various social styles is often what separates successful professionals from unsuccessful ones. What are social styles? Social styles are patterns of behavior in interpersonal interactions. Social style is not a description of personality, an indicator of ability or intelligence, or a predictor of success. However, social style is a strong predictor of future interpersonal behavior.

This 90 minute workshop will be led by Joann Baney, of the Executive MPA program at Columbia University's School of International and Public Affairs (SIPA). She has taught courses in Columbia's Executive MBA program, the University’s Speech Department and at the Graduate School of Public Health. She is co-founder and Vice President of the Professional Development Company, Inc., a communications consulting firm in New York City. She coaches senior executives and presents customized communication training programs to organizations such as: JPMorgan Chase, The Wall Street Transcript, Del Monte Foods, Trinity Church Wall Street, Takeda Pharmaceuticals, Cornell Medical Center, the FAA, Lend Lease Americas, the RobinHood Foundation, and UPC Wind Management. Additionally, she is the author of *Guide to Interpersonal Communication* through Prentice Hall.

**Morningside Campus Postdoc Council Member Recruitment:**

Are you interested in representing your fellow postdocs and gaining leadership experience? If so, you might be interested in joining the Postdoctoral council we have recently formed for the Morningside campus (Medical Campus Postdoc council is currently full). The postdoctoral council will meet once a month (usually over free lunch) with the Office of Postdoctoral Affairs to discuss, plan, and help carry out social and career development events. Postdoctoral council members also represent their postdoc communities and can relay any suggestions/feedback to the councils and the Office of Postdoctoral Affairs. As a token of appreciation for serving on the postdoctoral council, Postdoctoral council members receive an annual membership to the New York Academy of Sciences (NYAS). If you are interested in serving on the Morningside Campus Postdoctoral Councils, please send me an email at rf2531@columbia.edu.

**Sumer Institute for Teaching and Learning from Columbia Center for New Media Technology and Learning (CNMTL): Deadline Extended**
Are you a CUMC postdoc planning on teaching a course over the next year? If so, you should strongly consider learning about some of the proven and effective course design and teaching methods that the best educators utilize in their classrooms. The 7th Annual Summer Institute for Teaching and Learning, a day-long workshop devoted to exploring effective teaching and learning strategies in health sciences education will be held for CUMC faculty and a very limited number of CUMC postdocs. This event is designed for postdocs and junior or senior faculty who have recently taken on a new teaching role. I will nominate up to 3 postdocs to apply for this opportunity. Postdocs that are interested should write a short (500 word or less) essay arguing why this event would be invaluable for them to attend and why they would be the best candidate to nominate among their peers. Please email the essay to me, Rory Flinn at rf2531@columbia.edu by Wednesday June 18th. I will choose up to 3 postdocs who will then put in applications to register by June 20th. Please note that the 3 Postdocs nominated by me to apply for the event are not guaranteed a slot to attend the event (that decision will be made by the event organizers), however these nominees are very likely to obtain a spot.

This year's Summer Institute will be held on Tuesday, July 22, 2014 from 8:00am to 5:00pm at Butler Library on the Columbia Morningside Campus. Topics covered during the Institute will include:

- Effective Course Design
- Engaging Students in Their Own Learning with the Flipped Model
- Bringing Fieldwork and Clinic to the Classroom
- Teaching and Learning Resources for CUMC Faculty

View the Summer Institute agenda for a complete list of the day's activities. For more information about the Summer Institute, please email cumc-sitl@columbia.edu.

NYWiSTEM - Managing your stipend/salary: Intro to personal finance

By popular demand, NYWiSTEM and the Newman Group at Morgan Stanley are hosting a webinar for "Managing Your Stipend/Salary: An Intro to Personal Finance" on Tuesday, June 24th. Mark your calendars!

If you are interested in attending the webinar, please help us out by fill out this brief survey with your availability: https://www.surveymonkey.com/s/SR7CMJD. We want to accommodate as many people as we can since we know that many people were unable to make the first event. The webinar start time will be announced next week.

New York Academy of Sciences (NYAS)

- The Academy's Afterschool STEM Mentoring Program:
The Afterschool STEM Mentoring program is looking for graduate and postdoctoral students from New York City-area and Newark, NJ-area universities to volunteer to teach one afternoon a week in underserved 4th through 8th grade afterschool classrooms at organizations like the YMCA and the Boys and Girls Clubs. Mentors can choose to teach a life sciences curriculum or computing/physical sciences curriculum and can receive an Academy Fellow Teaching Credential for completing a semester of teaching and training. Applications now being accepted until July 1st for Fall 2014. For more information, visit: www.nyas.org/AfterschoolProgram

Social Events:

Office of Postdoctoral Affairs

- Postdoc Mailing Lists

To help facilitate communication between Postdocs and to only receive communication about the items you are interested in receiving from fellow Postdocs, you can join one of the four mailing lists. Please read about each group below and follow the steps below to join as many of them as you would like. Once you receive access to the group, you will be able to email other members of the mailing list.

- postdoc_social@lists.columbia.edu
  Share, plan and discuss social events going on at Columbia or around the city. Connect with other CU postdocs. Invite other postdocs to attend social activities and events around New York City, or alert the community when something is happening at Columbia that is not hosted by OPA.

- postdoc_equipment@lists.columbia.edu
  Do you have a piece of equipment that you are not using in your lab? Do you need something, but don’t know where to get it, or don’t want to spend a lot of money purchasing something? Send an email to this list to see if anyone can help you out. Of course, all exchanges should be legal and allowed by your lab or PI. OPA does not endorse selling/collecting money through these lists.

- postdoc_families@lists.columbia.edu
  Get in touch with other postdocs who have children and families. Learn about events and social activities for parents, and kid-friendly events for families. Exchange opinions and recommendations for babysitters, schools, after school activities, etc.

- postdoc_housing@lists.columbia.edu
  Are you moving? Looking for housing? Post here and see if other members of the postdoc community have any information to share!

To Sign Up for the Mailing Lists:

1. Visit the following link(s) corresponding to the list(s) you would like to join.
   - https://lists.columbia.edu/mailman/listinfo/postdoc_social
2. Fill out the form at the website, and submit it
3. Subscription to these lists requires approval, and you will be notified once our office approves your subscription. If you are using a non-columbia email address, please also send an email to cupostdocs@gmail.com to alert us.

Once you are member, you will receive emails from other members. To send an email to the mailing lists, simply write an email to email address (listed above).
To unsubscribe, visit the same website you used to subscribe to the mailing list. Scroll to the bottom of the page, where you will see an unsubscribe option.

- **Postdoc Weekly Coffee/Tea Hour – CUMC**

  These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like.

  **CUMC**
  Date: Wednesday, June 18th
  Time: 10:00-11:00 AM
  Location: Hammer Building, room 412.

- **NewYorkPostdocs.com**

  - Join the second "NewYorkPostdocs.com Meet & Greet" event and mingle with other postdocs. You will be able to meet with NewYorkPostdocs.com representatives and share with them your story. Happy hour deals will be available at this gorgeous midtown bar. The first meet and greet event in February of this year had over 100 postdocs in attendance with postdocs from every NYC University/Institute.

    Time: Thu, June 19, 7.30-10pm
    Location: Galway Pub, 7 East 36th Street | New York, NY 10016 (http://galwaypubnyc.com/)
    Register for free for the event here: https://www.surveymonkey.com/s/GTTYFVF

- **Research Seminars:**

  **Columbia University Seminars:**

  (Seminar list generated by the Office of Graduate Affairs, see bottom of list for info on subscribing)
  (Postdocs welcome)
Office of Graduate Affairs
Basic Sciences Weekly Calendar

Tuesday, June 17
1:30 PM

Thursday, June 19
Noon
Biological Sciences Seminar. Dr. Iva S. Greenwald, Professor, Departments of Biochemistry and Molecular Biophysics and Genetics and Development; Investigator, Howard Hughes Medical Institute, "Negative Regulation of LIN-12/Notch and EGFR Signaling During Cell Fate Patterning in C. elegans." 601 Fairchild.

Alternate ways to view the calendar:

View the up-to-date Basic Sciences Weekly Calendar within Google Calendar:
1. At the bottom of your calendar list on the left, click the Add down-arrow button and select Add by URL.
2. Enter the Basic Sciences Weekly Calendar address in iCalendar format address in the field provided:
   http://www.google.com/calendar/ical/gsas.cumc%40gmail.com/public/basic.ics
3. Click Add.

Or to view the up-to-date Basic Sciences Weekly Calendar in a browser without signing in to Google Calendar:

Or view our on-line Calendar in its original format at:
   http://sklad.cumc.columbia.edu/gsas/interior.php?sub=5_1

Funding opportunities:

Columbia Resources for funding:

InfoEd:

- InfoEd is software that manages sponsored programs for over 600 institutions globally. Included in the Info Ed package are SPIN and SMARTS. To access InfoEd and the online training for SPIN and SMARTS please go to: http://spa.columbia.edu/funding/overview and click on "Search for Funding (SPIN)". Log in with your UNI and password.
Office of Postdoctoral Affairs (OPA) Weekly Digest

- **SPIN**: is a searchable funding database that contains national, international, government, and private funding sources. You can search for all types of awards (grants, fellowships, private foundations, publication support, etc.)
- **SMARTS**: is an automatic daily e-mail service that notifies you of relevant new funding opportunities based on a keyword match that you initiate.
- All faculty and research officers including postdocs are already in InfoEd and can have access to SPIN and SMARTS. It will take approximately 10-15 minutes to complete your profile. Please [click here](http://infoedhelpdesk@columbia.edu) for instructions to submitting your profile in InfoEd.
- Please Note: All questions regarding the use of SPIN and SMARTS needs to be addressed to the InfoEd helpdesk at infoedhelpdesk@columbia.edu. All questions regarding the submission of your profile information into InfoEd needs to be addressed to [postdocaffairs@columbia.edu](mailto:postdocaffairs@columbia.edu).

### Office of Research Initiatives:

- The Office of Research Initiatives coordinates various funding opportunities for Columbia University, including some funding opportunities for postdocs. Navigate through their webpage to learn more: [http://researchinitiatives.columbia.edu/](http://researchinitiatives.columbia.edu/)

### Sponsored Projects Administration:

- Sponsored Projects Administration (SPA) is the office at Columbia University that exclusively deals with grants management, including grant submissions and post-award processes. SPA lists numerous funding opportunities on their webpage as well as updates to funding policies: [http://spa.columbia.edu/](http://spa.columbia.edu/)

### National Institutes of Health (NIH) Funding Opportunities:

- Did you know that the NIH has a grant program that pays your student loans while you are doing research? The next submission deadline period is September 1st-November 15th. Learn more about the program here: [http://www.lrp.nih.gov/index.aspx](http://www.lrp.nih.gov/index.aspx)
- The next submission deadline for the NIH NRSA F32 individual postdoctoral fellowship is August 8th. Information on the F32 fellowship can be found here: [http://grants.nih.gov/grants/guide/pa-files/PA-14-149.html](http://grants.nih.gov/grants/guide/pa-files/PA-14-149.html)
- The next submission deadline for the NIH K99/R00 career development award is October 12th. Information on the K99/R01 award can be found here: [http://grants.nih.gov/grants/guide/pa-files/PA-14-042.html](http://grants.nih.gov/grants/guide/pa-files/PA-14-042.html)
- The NIH also has other career development awards besides the K99, some of which are geared towards postdocs. Information on the whole K series of awards can be found at: [http://grants.nih.gov/training/careerdevelopmentawards.htm](http://grants.nih.gov/training/careerdevelopmentawards.htm)

### National Science Foundation (NSF) Funding Opportunities:

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The NSF has a number of fellowship opportunities for postdoctoral researchers. Many of the submission deadlines for these fellowships are in October 2014, however one notable exception is the Earth Science Fellowship, with a submission deadline of July 18th. A full listing of the various fellowship opportunities can be found here: https://www.fastlane.nsf.gov/servlet/fastlane.pdoc.DisplayProgramType

Department of Defense (DOD):

- The DOD has a number of funding areas, some of which may be open to postdoctoral submissions. Please look through the various funding opportunities if you are interested. They can be found here: http://cdmrp.army.mil/funding/reftable.shtml

Other Government Agency Funding Opportunities:

- A number of government agencies fund postdoctoral research projects including the Department of Energy (DOE), the Environmental Protection Agency (EPA), and the Food and Drug Administration (FDA). Learn more about a wide-range of funding opportunities that may be open to postdoctoral submissions here: http://www.science.gov/internships/graduate.html

Foundations:

- Numerous non-for profit foundations exist domestically and internationally that provide grant funding to research aligned with their specific interests.
- The Health Research Alliance is a consortium of over 50 different foundations that collectively sponsor over $1.5 Billion dollars in research annually. Each foundation within the group has their own funding mechanisms, many of which are open to postdoctoral submissions. More information of the foundations that are part of the Health Research Alliance can be found at the following pages: http://www.healthra.org/ and http://www.healthra.org/download-resource/?resource-url=/wp-content/uploads/2014/04/HRA_fact_sheet_5_1_2014.pdf. The chronicle of philanthropy is an online resource dedicated to the non-profit sector. Their webpage can be found here: http://philanthropy.com/section/Home/172/. You can create a free online account and then login to search through their list of available grant opportunities, some of which may be open to postdoctoral submissions.
- Does your research focus on breast cancer, if so check out the postdoctoral fellowship opportunity from the Susan Komen foundation at: www.komen.org/RFA.
- Are you an Israeli citizen? If so, you might be eligible to apply for a Gruss Lipper postdoctoral fellowship through the EGL Charitable Foundation. For more details go to: www.eglcf.org

Career Resources:
Office of Postdoctoral Affairs:

- The Office of Postdoctoral Affairs is here to help! If you have any career questions, we’re here to help. Please email me at rf2531@columbia.edu to make an appointment. We also have a career counselor, Ruth Longobardi, who provides 1 on 1 counseling and runs workshops throughout the year. Later in the summer we will announce her new hours and provide information for signing up for a session with her.

General Career Resources:

- National Postdoctoral Association (NPA), that’s right there’s an advocacy group specifically for you! The NPA webpage contains many gems of information for you, including articles on postdoc policy as well as a bevy of career related resources. Since Columbia University is a sustaining member of the NPA you as a postdoc here can register for a free membership using your Columbia email address. Check out their webpage at: http://www.nationalpostdoc.org/

- Have you ever wondered where you are going in your career and how you might be able to better manage your career and stay on task to achieve your career goals (or to develop career goals in the first place)? You should read the following articles and complete your own individual development plan (geared towards science postdocs but still relevant for a wide-range of fields): http://sciencecareers.sciencemag.org/career_magazine/author/cynthia-n.-fuhrmann and http://myidp.sciencecareers.org/

Science, Technology, Engineering, and Mathematics (STEM) Related Career Resources:

- Science Careers is a great resource for articles on science related career information and news. Science careers also provides a large searchable database of science related job opportunities. Science careers can be found here: http://sciencecareers.sciencemag.org/

- The New York Academy of Sciences (NYAS) organizes many seminars, workshops, and courses for NYC area scientists and non-scientists. The main NYAS webpage is located here: http://www.nyas.org/default.aspx. The NYAS also runs the Science Alliance, a hub of career development resources for students and postdocs in the NYC area that consists of a consortium of all of the NYC area Universities. The Science Alliance webpage contains video interviews with individuals with science backgrounds who have gone on to a variety of careers (research and non-research) and can be found at: http://www.nyas.org/WhatWeDo/ScienceAlliance/Careers.aspx?tid=4ac9a42b-60f2-4391-87a0-f81535a6a41d

- For female graduate students and postdocs in science, technology, engineering, and mathematics (STEM) at Columbia there are three organizations you should check out. These organizations routinely hold interesting and well attended events and all three organizations look for members to get involved in a variety of capacities. The first group is based right here at Columbia University, Women in Science @ Columbia, and their webpage can be found here: http://womeninscienceatcolumbia.org/. The second organization you should check out, is the NY Women in STEM organization and their website can be found here: www.NYWiSTEM.wordpress.com. The third group is a local chapter of the national group, the Association for Women in Science (AWIS), with the local chapter’s webpage found here: http://metronyawis.weebly.com/

- Cold Spring Harbor Laboratory in Long Island, NY runs numerous courses for students and postdocs on particular scientific research focus areas. Their course listings can be found here: http://meetings.cshl.edu/courses.html
• The Marine Biology Laboratory in Woods Hole, Massachusetts runs a series of summer courses for students and postdocs including a well-regarded one on microscopy. Their summer course listings can be found here: http://hermes.mbl.edu/education/courses/summer/index.html

• For anyone interested in the medical writing profession, there is a free weekly mailing list you can join to hear about numerous medical writing jobs, including many which could be performed part time as a freelancer: http://www.hittmedicalwriting.com/hmw/the-hittlist/

• For anyone interested in life science consulting, I would strongly suggest you check out The Solution Lab, a non-profit dedicated to educating graduate students and postdocs about healthcare and pharma consulting through workshops, seminars, and volunteer experiences. The solution lab webpage can be found at http://thesolutionlab.org/

• For anyone interested in becoming a scientist-entrepreneur, you might want to check out The Entrepreneurship Lab, a NYC based organization designed for NYC life scientist students and postdocs interested in gaining practical entrepreneurial experience. Their webpage can be found at http://elabnyc.com/

• Are you interested in technology transfer and product commercialization? If so, you should read about what the Columbia University Technology Ventures Office does, join their mailing list, and attend some of the events they host throughout the year. Their website and mailing list can be found at: www.techventures.columbia.edu and Subscribe to our mailing list. You can also attend one of the riverside chat series seminars that are put on by NYC Tech connect. Go to their webpage here: http://nyctechconnect.com/

Higher Education:

• Chronicle of Higher Education is a great resource for articles on the latest happenings and trends in higher education. Chronicle of Higher Education also maintains a tremendous searchable database of job opportunities in academia, particular teaching positions and administrative positions. They also list many adjunct teaching positions available in Colleges and Universities in the greater NYC area. The Chronicle of Higher Education can be found here: http://chronicle.com/section/Home/5

• Two other great resources for learning more about trends and job opportunities in higher education can be found here: http://www.insidehighered.com/#sthash.aLurJTGi.dpbs and https://www.higheredjobs.com/search/default.cfm

Non-Profit/Government:

• If you are interested in what is happening in the non-profit sector, a great resource is The Chronicle of Philanthropy, which also maintains a searchable database for jobs in the non-profit sector at many foundations and non-governmental organizations. The Chronicle of Philanthropy can be found here: http://philanthropy.com/section/Home/172/

• Another great resource for the non-profit sector is Idealist, which maintains databases of volunteer opportunities as well as a plethora of jobs available at non-profits across the country. Their website can be reached here: http://www.idealist.org/

• Are you interested in exploring a career working for the US government? Remember the US government encompasses many federal organizations such as the EPA, NIH, NSF, FDA, FBI and USDA among others. If so
check out this webpage for a full listing of job opportunities working for the US Government: http://www.usa.gov/Citizen/Topics/Government-Jobs.shtml

- Interested in working on the policy end of Science? If so you will want to look into the premier fellowship/training program to do just that: http://www aaas org/program/science-technology-policy-fellowships