

**Listing of All Events (more info on each event found below):****Career Development Events:**

- **Office of Postdoctoral Affairs:**
  - **Public Speaking Workshop: Presenting Yourself Nonverbally**
  - **MPC Special Event: *Staying the Course and Creating New Pathways*—a talk by Shirley Malcom**
  - **OPA website, Events Calendar, LinkedIn group, and Facebook page**
  - **Morningside Campus Postdoc Council Member Recruitment**
- **CU Center for Digital Research and Scholarship Data Management Planning Workshop**
- **CU Human Research Protection Office Institutional Review Board (IRB) training sessions**
- **CU Schools of Public Health and Social Work Training Grant Funding Opportunity**
- **New York Academy of Sciences (NYAS) Genetic Code Symposium**

**Social Events:**

- **Office of Postdoctoral Affairs:**
  - **Postdoc Coffee/Tea Hour - Morningside**
  - **Postdoc Mailing Lists – Social, Equipment, Families, and Housing**

**Research Seminars:**

- **Graduate Affairs at P&S Basic Sciences Seminar Calendar**

**Career Development Events:****Office of Postdoctoral Affairs****• Public Speaking Workshop: Presenting Yourself Nonverbally**

Many people feel uncomfortable when they stand up to speak, and much of what we “say” comes from how we say it with our bodies and our voices. Therefore, in this highly interactive session, we focus on speech anxiety before moving to the nonverbal elements of public speaking. We discuss and model body language and vocal traits that are often linked to enthusiasm, confidence, and professionalism.

This 90 minute workshop will be led by Joann Baney, of the Executive MPA program at Columbia University's School of International and Public Affairs (SIPA). She has taught courses in Columbia's Executive MBA program, the University's Speech Department and at the Graduate School of Public Health. She is co-founder and Vice President of the Professional Development Company, Inc., a communications consulting firm in New York City. She coaches senior executives and presents customized communication training programs to organizations such as: JPMorgan Chase, The Wall Street Transcript, Del Monte Foods, Trinity Church Wall Street, Takeda Pharmaceuticals, Cornell Medical Center, the FAA, Lend Lease Americas, the RobinHood Foundation, and UPC Wind Management. Additionally, she is the author of *Guide to Interpersonal Communication* through Prentice Hall.

Date: Tuesday July 29<sup>th</sup>

Time: 12:00 – 1:30 PM (Lunch Provided)

Location: (CUMC) Hammer Building LL204

Registration: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=72653>

- **MPC Special Event: *Staying the Course and Creating New Pathways*—a talk by Shirley Malcom**

The Minority Postdoc Coalition (MPC) of Columbia University is honored to announce that Dr. Shirley Malcom will deliver an insightful talk on persistence even in the face of an uncertain future to the postdoctoral and graduate student community at Columbia University on August 6<sup>th</sup>. Dr. Malcom will also dedicate a portion of her talk to speak about exploring careers outside academia.

Dr. Shirley Malcom is head of the Directorate for Education and Human Resources Programs of the American Association for the Advancement of Science (AAAS). The directorate includes AAAS programs in education, activities for underrepresented groups, and public understanding of science and technology.

After working as a high-school science teacher and college professor, Dr. Malcom joined the AAAS as a research assistant to survey science education programs for minority students. While there she helped to organize a conference that resulted in a landmark report, *The Double Bind: The Price of Being a Minority Woman in Science* (1976), which she co-authored. She has devoted much of her career since then to finding innovative ways to expand professional science opportunities for minorities and women.

Dr. Malcom is a fellow of the AAAS and the Academy of Arts and Sciences, a member of the National Academy of Sciences, and a former trustee of the Carnegie Corporation of New York. She served on the National Science Board, the policymaking body of the National Science Foundation and on the President's Committee of Advisors on Science and Technology. She holds 16 honorary degrees and in 2003, received the Public Welfare Medal, the highest award given by the National Academy of Sciences.

**Date:** Wednesday, August 6<sup>th</sup>, 2014  
**Time:** 4:00pm—5:00pm (networking with light refreshments until 6pm)  
**Location:** CUMC - Hammer Building, room LL203  
**Registration:** <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=72849>

- **OPA Website, Events Calendar, LinkedIn group, and Facebook page:**

OPA wants you to hear about our events through the medium that is the most convenient for you. For many of you this might be through email and the emailed weekly postdoc digest. For others though, perhaps seeing our events advertised on our office's website, our LinkedIn group, or our facebook page might be more appealing.

Did you know that the Office of Postdoctoral Affairs (OPA) has a website? Go to <http://postdocs.columbia.edu/> to view all of the resources and information that OPA has to offer you. On the OPA website you should check out our events calendar (<http://vesta.cumc.columbia.edu/postdoc/calendar/index.php>) for upcoming events.

Are you on LinkedIn? If you are, you should join the Columbia University Postdoc and Postdoc Alumni Group: (<http://www.linkedin.com/groups?gid=3814461&trk=group-name>). We will be posting to this group page event descriptions as well as relevant career opportunities. If you are not on LinkedIn, you should set up an account, as LinkedIn provides a tremendous platform for networking, career exploration, and job searching.

Do you spend even a few minutes on Facebook a day? If so, then you should join the Columbia University Postdocs and Postdoc Alumni facebook group: [http://www.facebook.com/#!/home.php?sk=group\\_137677722958203&ap=1](http://www.facebook.com/#!/home.php?sk=group_137677722958203&ap=1). We will be posting upcoming events on this facebook group page, which will show up in your facebook feed and allow you to receive group invites to our events.

- **Morningside Campus Postdoc Council Member Recruitment:**

Are you interested in representing your fellow postdocs and gaining leadership experience? If so, you might be interested in joining the Postdoctoral council we have recently formed for the Morningside campus (Medical Campus Postdoc council is currently full). The postdoctoral council will meet once a month (usually over free lunch) with the Office of Postdoctoral Affairs to discuss, plan, and help carry out social and career development events. Postdoctoral council members also represent their postdoc communities and can relay any suggestions/feedback to the councils and the Office of Postdoctoral Affairs. As a token of appreciation for serving on the postdoctoral council, Postdoctoral council members receive an annual membership to the New York Academy of Sciences (NYAS). If you are interested in serving on the Morningside Campus Postdoctoral Councils, please send me an email at [rf2531@columbia.edu](mailto:rf2531@columbia.edu).

### **Columbia University Center for Digital Research and Scholarship**

Given that there are a number of National Science Foundation (NSF) funding opportunity deadlines this summer, the Center for Digital Research and Scholarship (CDRS) will be holding a Research Data Management Planning Workshop! The NSF requires that all requests for funding contain a data management plan (DMP) of no more than two pages addressing how the proposed project will comply with the agency's [data sharing policy](#). This workshop will help you prepare your DMP!

#### **Research Data Management Planning Workshop**

Date: Tuesday, July 22, 2014 from 3:00 pm to 4:30 pm EDT

Location: 203 Butler Library, Columbia Morningside Campus

Details of the workshop: <http://cdrs.columbia.edu/cdrsmain/2014/07/summerrdmworkshop/>

Please RSVP at: <http://bit.ly/RSVPforSummerRDMWorkshop>

If you have any questions about the workshop, please feel free to contact Amy Nurnberger at [anurnberger@columbia.edu](mailto:anurnberger@columbia.edu).

### **Columbia University Human Research Protection Office Institutional Review Board (IRB)**

Do your research plans involve human subjects research? If so, you should consider attending on the IRB training sessions in August on the Morningside campus (listed below).

Postdocs at the medical campus might consider checking for future IRB training sessions at the medical campus here: <http://www.cumc.columbia.edu/dept/irb/>

#### ***New Faculty/Postdoc/Graduate Student Training***

#### ***IRB 101: Human Subjects Research Protections & How to Submit a Protocol to the CU IRB- Morningside***

Date: Wednesday, August 6, 2014

Time: Noon – 2:00 pm

Location: Hamilton 703

Register at: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=72412>

***New Faculty/Postdoc/Graduate Student Training******IRB 101: Human Subjects Research Protections & How to Submit a Protocol to the CU IRB- Morningside***

Date: Wednesday, August 20, 2014

Time: Noon – 2:00 pm

Location: Hamilton 703

Register at: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=72413>

**Columbia University Schools of Public Health and Social Work Training Grant (T32) Funding Opportunity:**

HIV, Substance Use, and Criminal Justice Research Training Fellowship Program (T32)

Co-Directors: Dr. Nabila El-Bassel and Dr. Lisa Metsch

Funded by the National Institute on Drug Abuse (NIDA)

Columbia University is looking for promising scientists interested in HIV, drug abuse, and criminal justice research for their unique multidisciplinary pre- and post-doctoral T32 Program.

Mission: The multidisciplinary T32 program is funded to the Schools of Public Health and Social Work to train the next generation of researchers in the skills necessary for the conceptualization, planning, and conducting of research on bio-behavioral HIV and drug abuse prevention, treatment, and care for individuals involved with the criminal justice system.

**Unique and Innovative Program**

- Multidisciplinary training program
- Biomedical and behavioral research
- Emphasis on the criminal justice system

**T32 Training Fellow Program Activities**

- Individual Mentorship that covers research and career development
- Methods and Data Analysis Workshops
- Criminal Justice Journal Club
- Criminal Justice Seminar Series
- Conference Travel Support
- Criminal Justice Community Roundtable
- Grantwriting and Peer Review Clinic
- Peer Support

For more information about deadlines and application materials, email [swpht32@columbia.edu](mailto:swpht32@columbia.edu)

**New York Academy of Sciences (NYAS)****Fifty Years of the Genetic Code: A Symposium to Honor the Legacy of Marshall Nirenberg**

In the fifty years since the landmark presentation of the preliminary identification of all 64 codons that make up the genetic code (at the IUB meeting in New York City, July 31st, 1964), the deciphering of the code has opened a universe of opportunity in scientific and medical discoveries. Exactly fifty years later, this symposium will honor the legacy of Nobel Laureate Marshall Nirenberg for his discovery and its impact on many aspects of science. The cutting-edge work of other scientists at the frontiers of today's ongoing research as a result of the code being

deciphered will be showcased. Speakers will explore the current state of the genetic code and the use of the many tools and principles within the field of chemistry to probe the molecules and processes of living cells, flow of genetic information from DNA to RNA to protein, and the broader impacts of the application of this knowledge in therapeutic areas such as cancer, Alzheimer's Disease, and age-related cognitive decline. A panel of experts will turn the focus to legal, ethical, and social considerations that surround applications of the genetic code. Join us for this 50th year anniversary honoring Marshall Nirenberg, reflect on the impact of his discovery, and explore the frontiers of current research as a result of unraveling the code.

**Thursday, July 31, 2014 | 8:30 AM - 5:00 PM**

The New York Academy of Sciences (<http://www.nyas.org/>)

**Register:** [https://ams.nyas.org/nyasssa/evtssareg.custid?p\\_program\\_nm=8206](https://ams.nyas.org/nyasssa/evtssareg.custid?p_program_nm=8206)

## Social Events:

### Office of Postdoctoral Affairs

- **Postdoc Weekly Coffee/Tea Hour – Morningside**

These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like.

#### Morningside

Date: Wednesday, July 21<sup>st</sup>

Time: 10:00-11:00 AM

Location: Philosophy 301 (Graduate Student Center)

- **Postdoc Mailing Lists**

To help facilitate communication between Postdocs and to only receive communication about the items you are interested in receiving from fellow Postdocs, you can join one of the four mailing lists. Please read about each group below and follow the steps below to join as many of them as you would like. Once you receive access to the group, you will be able to email other members of the mailing list.

#### [postdoc\\_social@lists.columbia.edu](mailto:postdoc_social@lists.columbia.edu)

Share, plan and discuss social events going on at Columbia or around the city. Connect with other CU postdocs. Invite other postdocs to attend social activities and events around New York City, or alert the community when something is happening at Columbia that is not hosted by OPA.

#### [postdoc\\_equipment@lists.columbia.edu](mailto:postdoc_equipment@lists.columbia.edu)

Do you have a piece of equipment that you are not using in your lab? Do you need something, but don't know where to get it, or don't want to spend a lot of money purchasing something? Send an email to this list to see if anyone can help you out. Of course, all exchanges should be legal and allowed by your lab or PI. OPA does not endorse selling/collecting money through these lists.

#### [postdoc\\_families@lists.columbia.edu](mailto:postdoc_families@lists.columbia.edu)

Get in touch with other postdocs who have children and families. Learn about events and social activities for parents, and kid-friendly events for families. Exchange opinions and recommendations for babysitters, schools, after school activities, etc.

#### [postdoc\\_housing@lists.columbia.edu](mailto:postdoc_housing@lists.columbia.edu)

Are you moving? Looking for housing? Post here and see if other members of the postdoc community have any information to share!

To Sign Up for the Mailing Lists:

1. Visit the following link(s) corresponding to the list(s) you would like to join.
  - o [https://lists.columbia.edu/mailman/listinfo/postdoc\\_social](https://lists.columbia.edu/mailman/listinfo/postdoc_social)
  - o [https://lists.columbia.edu/mailman/listinfo/postdoc\\_equipment](https://lists.columbia.edu/mailman/listinfo/postdoc_equipment)
  - o [https://lists.columbia.edu/mailman/listinfo/postdoc\\_families](https://lists.columbia.edu/mailman/listinfo/postdoc_families)
  - o [https://lists.columbia.edu/mailman/listinfo/postdoc\\_housing](https://lists.columbia.edu/mailman/listinfo/postdoc_housing)
2. Fill out the form at the website, and submit it
3. Subscription to these lists requires approval, and you will be notified once our office approves your subscription. If you are using a non-columbia email address, please also send an email to [cupostdocs@gmail.com](mailto:cupostdocs@gmail.com) to alert us.

Once you are member, you will receive emails from other members. To send an email to the mailing lists, simply write an email to email address (listed above).

To unsubscribe, visit the same website you used to subscribe to the mailing list. Scroll to the bottom of the page, where you will see an unsubscribe option.

**Research Seminars:**

**Office of Graduate Affairs  
Basic Sciences Weekly Calendar**

**Tuesday, July 22**

Noon

**Pharmacology Seminar.** Dr. Meritxell Canals, Monash Fellow, Faculty of Pharmacy and Pharmaceutical Sciences, Monash Institute of Pharmaceutical Sciences, Victoria, Australia, "*Delineating the Spatial and Temporal Dynamics of mu-Opioid Receptor Signaling and Regulation.*" BB 7-724.

**Wednesday, July 23**

11:00 AM

**CTNI Seminar.** Dr. Helen S. Mayberg, Professor, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine, "*When Timing Meets Opportunity: The Evolution of Subcallosal Cingulate DBS for Depression.*" NI Alumni Auditorium.

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Alternate ways to view the calendar:  
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View the up-to-date Basic Sciences Weekly Calendar within Google Calendar:

1. At the bottom of your calendar list on the left, click the Add down-arrow button and select Add by URL.
2. Enter the Basic Sciences Weekly Calendar address in iCalendar format address in the field provided: <http://www.google.com/calendar/ical/gsas.cumc%40gmail.com/public/basic.ics>
3. Click Add.

Or to view the up-to-date Basic Sciences Weekly Calendar in a browser without signing in to Google Calender:

[http://www.google.com/calendar/embed?src=gsas.cumc%40gmail.com&ctz=America/New\\_York](http://www.google.com/calendar/embed?src=gsas.cumc%40gmail.com&ctz=America/New_York)

Or view our on-line Calendar in its original format at:

[http://sklad.cumc.columbia.edu/gsas/interior.php?sub=5\\_1](http://sklad.cumc.columbia.edu/gsas/interior.php?sub=5_1)