Listing of All Events (more info on each event found below):

**Career/Professional Development Events:**
- 2015 Columbia University and NYC ASCENT Postdoc Research and Career Symposium
- Team Leadership and Project Management Workshops
- Postdoc LinkedIn Group
- OPA Website

**Social Events:**
- Postdoc Coffee/Tea Hour—CUMC
- New Postdoc Orientation
- Postdoc Happy Hour

**Career/Professional Development Events:**

- 2015 Columbia University and NYC ASCENT Postdoc Research and Career Symposium

The 2015 Columbia University Postdoc Research and Career Symposium will feature a postdoc research poster session with 100 posters presented and prizes awarded, five short research talks by postdocs with awards given to those selected, a keynote talk by Dr. George Yancopoulos, President and CSO of Regeneron Pharmaceuticals, Inc., a networking reception, and a half day graduate level career fair.

The symposium is for Columbia University Postdocs and NYC ASCENT Fellows to present their research to the Columbia University research community, network and form new interdisciplinary collaborations, and learn about career opportunities with featured employers.

The symposium will occur on the afternoons of Thursday, September 17th 2015 and Friday, September 18th on the Morningside Campus, Lerner Hall Roone Auditorium and Cinema. The postdoc poster session, research talks, keynote talk, and reception will occur on September 17th while the career fair (registration required) will take place on Friday, September 18th.

The symposium is for all postdocs at Columbia University and all ASCENT fellows. All members of the Columbia University research community are invited to attend the postdoc symposium sessions taking place on Thursday, September 17th. The event has been co-organized by the Columbia University Office of Postdoctoral Affairs (OPA) and the NYC ASCENT Program with assistance from members of the University’s Postdoc Council. The graduate student and postdoc career fair was organized by the Center for Career Education in partnership with OPA and NYC ASCENT.

The initial abstract submission period has concluded for consideration for oral presentations or poster presentations. A late abstract submission period will run through August 17th for consideration for poster presentation if space permits.

Please see symposium website for further information: [http://www.cuascentpostdocsymposium.com/](http://www.cuascentpostdocsymposium.com/)

- Team Leadership and Project Management Workshops:

  R. Kevin Grigsby, MSW, DSW, the Senior Director of Member Organizational Development at the Association of American Medical Colleges (AAMC) will be coming to Columbia University on August 10th and August 11th to lead
two workshops for postdocs on project management and team leadership. Details about each workshop can be found below. Please take a moment to register for these key events. Kevin Grigsby has led workshops in previous years at Columbia University and received tremendous feedback from postdocs that attended. **** Please note that if you are a postdoc registered in the Transitioning to Research Independence course, you are already registered for these workshops and do not need to register separately.

Project Management Fundamentals

*Project management* and *project leadership* are often equated. However, there are major differences in the two. While leading a project requires setting a direction, aligning people, and motivating people, managing a project is a complex process of reaching goals by working with and through people and other organizational resources. Management is a process or series of continuing and related activities concentrated on reaching project goals by working with and through people. The use of organizational resources including time, materials, and personnel requires a number of skills.

Participants in this workshop will:

- Understand the difference between leadership and management and why it is pertinent to project management
- Understand how self-awareness, the ability to collaborate, creating positive connections relate to the use of influence in project management
- Learn basic tools for managing time and personnel and keeping to a schedule even in the face of unanticipated obstacles

**Date:** Monday, August 10th, 2015  
**Time:** 2:00pm—4:00pm (snacks and refreshments provided)  
**Location:** (CUMC) Hammer Health Sciences Building, room 301  


Are You Really a Team Leader?

Team leadership requires setting a direction, aligning people, and motivating people. There are clear differences in how leadership is *enacted* with teams as opposed to the way it is enacted in more hierarchical organizational structures.

Participants in this workshop will:

- Understand aspects of leadership that enhance effectiveness of leading teams
- Explain how effective team leadership is enacted differently than “top down” leadership
- Discuss pitfalls to be avoided in team leadership
- Understand how to bring out the “inner genius” of team members

**Date:** Tuesday, August 11th, 2015  
**Time:** 11:00am—1:00pm (lunch provided)  
**Location:** (CUMC) Hammer Health Sciences Building, room 301  

Office of Postdoctoral Affairs (OPA) Weekly Digest

July 27, 2015

- Office of Postdoctoral Affairs LinkedIn Group – Job ads and Career articles

Do you have a LinkedIn account? If not, you should – networking is invaluable for landing the position you will seek following your training. If you do have a LinkedIn account, you should strongly consider joining the Columbia University Postdocs and Postdoc Alumni Group on LinkedIn. You can join the private group by searching for 'Columbia University Postdocs and Postdoc Alumni' under groups and submitting a request to join. The group has grown to 630 members, and beyond current Columbia Postdocs, there are also numerous Columbia Postdoc Alumni members that are employed across many different career sectors belonging to the group. The Office of Postdoctoral Affairs frequently receives position openings and job ads from employers both within and outside of Academia and we post these job ads exclusively on the LinkedIn group page. We also post relevant and timely career articles and pieces about the job market, professional and career development topics, and advice columns. Join the group today to start taking advantage of this great resource!

- Office of Postdoctoral Affairs Website

Did you know that the Office of Postdoctoral Affairs (OPA) maintains a website (http://postdocs.columbia.edu/) containing a wealth of information for postdocs? What types of information can be found on the OPA webpage? The Postdoc handbook with policies and procedures around being a postdoc at Columbia, the OPA monthly events calendar, funding opportunities, as well as career resources with listings of groups to join, webpages to browse, and job search sites to utilize. This is by no means an exhaustive list, so be sure to take a spin through the OPA webpage to see what information is most relevant and helpful to you. If you feel there are pieces of information that should be added to the OPA webpage that are not currently there, please let us know, as we are always looking to provide the most relevant and useful information to Columbia Postdocs.

Social/Networking Events:

- Postdoc Weekly Coffee/Tea Hour – CUMC

These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like.

CUMC
Date: Thursday, July 23rd
Time: 3:30PM – 4:30PM
Location: Hammer Health Sciences Building, room 316

- New Postdoc Orientation

In an effort to acclimate new postdocs to Columbia University, we would like to offer a first look at the resources available at the University. Discussion includes a brief rundown of benefits and the services available to Postdocs University wide and through the Office of Postdoctoral Affairs. Postdoc orientation is held every other month and rotates between the Morningside Campus and the Medical Center campus. Our August orientation will be held at the Medical Campus. If you know a new postdoc here, please share this information with them, as they might not yet be on the postdoc mailing list.

CUMC
Date: Thursday, August 6th
Time: 4:30pm—5:30pm
Location: Hammer Health Sciences Building, room 404

Please email cupostdocs@gmail.com to RSVP.
• **Postdoc Happy Hour**

It’s that time again! Come hang out with some of your fellow postdocs and enjoy a few beers, glasses of wine, and snacks… on OPA! *Non-alcoholic drinks will also be provided.

**CUMC:**
- **Date:** Thursday, August 6\(^{th}\)
- **Time:** 5:30pm—8:00pm
- **Location:** Hammer Health Sciences Building, room 404