Career Exploration and Career Management

Career Exploration and Planning Workshop: From Assessment to Actualization
5:30-6:30 PM Tuesday, June 24th 2014 (CUMC)

Columbia University Individual Development Plan (IDP) Program
3-part Seminar Series with optional workshop in August-October 2014 (both CUMC and MSD)
Program Website: https://www2.gsas.columbia.edu/idp/

Postdoc Research and Career Symposium – Data Science Career Panel
5:00-6:30 PM Wednesday, September 17th 2014 (CUMC)

Career Management Workshop for Postdocs: Reflect, Plan, and Act to Create Your Own Success
12:00-1:30 PM Friday, February 20th 2015 (CUMC)

Talks on Preparing for a Career in Science Policy
2:00-3:30 PM Tuesday, February 24th 2015 (MSD) and 3:00-4:30 PM Wednesday, February 25th 2015 (CUMC)

Postdoc Entrepreneurs: Panel Session on How Postdocs Launched a Biotech Incubator
6:00-7:30 PM Tuesday, May 12th 2015 (CUMC)

Monthly Career Panel Series:
Non Profits/Foundations Career Panel
5:00-7:30 PM, Friday, December 5th 2014 (CUMC)

Industry Career Panel
6:00-8:30 PM, Tuesday, January 13th 2015 (CUMC)

Consulting Career Panel
5:30-8:00 PM, Friday, January 30th 2015 (MSD)

Science/Medical Writing and Editing Career Panel
6:00-8:30 PM, Friday, February 27th 2015 (CUMC)

Research and Academic Administration Career Panel
5:30-8:00 PM, Wednesday, March 25th 2015 (CUMC)

Teaching and Education Career Panel
6:00-8:30 PM, Wednesday, April 29th 2015 (MSD)
Faculty Career Preparation
Research Faculty Application and Interviewing Process Seminar
12:00-2:00 PM Thursday, September 11th 2014 (CUMC)

Transitioning to Research Independence Short Course
10 session course covering topics related to obtaining a faculty position and running a lab
July-early September 2015

Industry Career Preparation
Preparing for a Career in Industry – SciPhD
11:00-5:00 PM Saturday, September 20th 2014 (CUMC)

Conducting and Publishing Research
How to conduct research that gets published and noticed
A seminar series for Postdocs to occur once monthly in April – November 2015 (CUMC)
Series Website: http://postdocseries.wikischolars.columbia.edu/home

Teaching and Outreach
Columbia Science Honors Program Teaching Opportunities Info Session
3:00-4:00 PM Thursday, November 6th 2014 (MSD) and 10:00-11:00 AM Monday, November 17th 2014 (CUMC)

S.T.E.M. Educational Outreach Opportunities and Info Session
12:00-1:30 PM Wednesday, February 4th 2015 (CUMC)

Teaching 2.0 – What You Need to Know to be a Successful Teacher; A Short Course for Postdocs
5:30-7:30 PM, Thursdays, April 16th- June 18th 2015 (CUMC)
Course website: http://bit.ly/postdocs-teaching

Communications Skills
Interpersonal Communications Workshop: Understanding Style Differences to Build Relationships
12:00-1:30 PM Thursday, June 24th 2014 (CUMC)

Story Collider Seminar and Workshop
1:30-2:30 PM (Seminar) 3:00-6:00 PM (Workshop) Monday, November 10th 2014 (MSD)

Strategic Communications Workshop Series:
Conflict in the Lab; A day in the Life of a Postdoc: Concepts and Tools for Managing Interpersonal Conflict
12:00-1:30 PM, Thursday, March 5th 2015 (CUMC)
Negotiation and Emotional Intelligence Workshop
12:15-2:15 PM, Friday, March 20th 2015 (CUMC)

Step Up: Build Confidence and Get Comfortable with Self-Promotion
2:00-3:30 PM, Thursday, May 7th 2015 (MSD)

Just Say No: How to Reduce Stress, Create Ease, and Still Get It All Done
11:00 AM-12:30 PM, Friday, May 8th 2015 (CUMC)

Communications Skills Workshops for Non-Native English Speakers:

Pronunciation and Intelligibility
12:00-2:00 PM Thursday, October 23rd 2014 (MSD) and Tuesday, October 28th 2014 (CUMC)

Speaking and Listening
12:00-2:00 PM Thursday, October 30th 2014 (CUMC) and Tuesday, November 4th 2014 (MSD)

Intelligibility/Intonation and Stress:
1:00-3:00 PM Thursday, March 26 2015 (MSD) and 1:00-3:00 PM Friday, March 27th 2015 (CUMC)

Intelligibility/Connected Speech & fluency
1:00-3:00 PM Thursday, April 9th 2015 (MSD) and 1:00-3:00 PM Friday, April 10th 2015 (CUMC)

Public Speaking/Research Presentations
Public Speaking Workshop: Presenting Yourself Nonverbally
12:00-1:30 PM Tuesday, July 29th 2014

Postdoc Research and Career Symposium – Postdoc Research Poster Session
3:00-5:00 PM Wednesday, September 17th 2014 (CUMC)

Postdoc Seminar Series – Monthly Sessions for Postdocs to Present a TED or Research Talk:
2:00-1:00 PM on Third Tuesday of each Month (campus location varies by speaker campus location)

Research Manuscript Writing
Academic Writing Workshop – Writing a research manuscript for publication
Four part interactive series (2 hours each) on writing research manuscripts
October 2014 (CUMC)

Grant Writing/Funding Strategies
NIH Grant Workshops for Junior Faculty and Postdocs (cosponsored with Faculty Development Office)
All Day Thursday, October 24th 2014 (CUMC)

Introduction to Funding and Grantsmanship for Postdoctoral Researchers
12:00-1:30 PM Thursday, November 13th 2014 (CUMC)
Leadership and Management
Project Management Fundamentals Workshop
5:00-7:00 PM, Thursday, June 5th 2014 (CUMC)

Are you really a team leader? – Workshop on team leadership
1:00-3:00 PM, Friday, June 6th 2014 (CUMC)

Technology Transfer/Patents/Intellectual Property
Patents 101 – (cosponsored with CTV)
9:30-10:30 AM Friday, September 12th 2014 (CUMC) and 1:00-2:00 PM Thursday September 18th (MSD)

CVs/Resumes/Cover Letters/Interviewing
The Extraordinary CV and Resume: From Academia to Opportunities Beyond
5:00-6:00 PM Wednesday, October 15th 2014 (CUMC)

The Extraordinary Cover Letter: From Academia to Opportunities Beyond
5:00-6:00 PM Wednesday, October 22nd 2014 (CUMC)

The Extraordinary Interview: From Academia to Opportunities Beyond
12:00-1:00 PM Friday, November 14th 2014 (CUMC)

Faculty Applications Part I: The Academic CV
5:00-6:30 PM Thursday, January 15th 2015 (MSD)

Faculty Applications Part II: The Academic Interview
5:00-6:30 PM Thursday, January 29th 2015 (MSD)

Applications Beyond Academia Part I: The Resume
5:00-6:30 PM, Thursday, February 26th 2015 (MSD)

Applications Beyond Academia Part II: The Interview
5:00-6:30 PM, Thursday, March 26th 2015 (MSD)

Networking/LinkedIN
LinkedIn 101: Building Your Professional Community
5:00-6:00 PM Monday, September 29th (CUMC) and 5:00-6:30 PM Thursday, April 23rd 2015 (MSD)

Minority Postdoc Coalition
Staying the Course and Creating New Pathways – A Talk by Shirley Malcom (AAAS)
4:00-6:00 PM Wednesday, August 6th 2014 (CUMC)
**Training Program Info Sessions**

**ELabNYC Info Session and Columbia ELabNYC Alumni Panel**
12:00-1:30 PM Tuesday, June 24th 2014 (MSD) and 12:00-1:00 PM Tuesday, September 30th 2014 (CUMC)

**Careers in Data Science and Data Engineering – Insight Data Science Fellows Program Info Session**
6:00-7:00 PM Tuesday, September 30th 2014 (CUMC)

**Company Info Sessions/Recruitment Events/Site Visits**

**Regeneron Site Visit: What is it like to work in the Bio-Pharma Industry?**
All Day Monday, August 25th 2014 (Regeneron – Tarrytown, NY)

**OmniLearn Info Session: Teaching Opportunities in K-12 Science Education**
5:30-6:30 PM Wednesday, September 3rd 2014 (CUMC)

**Ashfield Healthcare Communications: Info Session and Career Opportunities**
4:00-6:00 PM, Wednesday, March 11th 2015 (CUMC)

**Career Counseling/Postdoc Advising**

**1 on 1 Career Counseling Appointments**
Five individual (1 hour) sessions available per week throughout the academic year
Please see [http://postdocs.columbia.edu/careerdevelopment.html](http://postdocs.columbia.edu/careerdevelopment.html) for more information

**Postdoc Advising**
Individual appointments covering postdoc life, work-related issues, professional development activities at the University, and much more. Appointments with Director of OPA ([rf2531@cumc.columbia.edu](mailto:rf2531@cumc.columbia.edu))

**Peer Mentoring**

**Postdoc Peer Mentoring Groups**
Postdoc Peer Mentoring Groups were set up on CUMC, MSD, and LDEO campuses in Fall 2014
New Postdoc Peer Mentoring Groups will be set up in September 2015

**Tax Seminar**

**Tax Seminar for Postdocs**
2:00-3:30 PM, March 20th 2015 (CUMC)

**New Postdoc Orientations**

**New Postdoc Orientation**
Occurs once every other month, alternating between MSD and CUMC
Community Building Events:
Postdoc Weekly Coffee/Tea Hour
3:00-4:00 PM Thursdays, campus location rotates each week

Postdoc Happy Hours
Occur once every other month following new postdoc orientation, alternating between MSD and CUMC

Postdoc Tropical Summer Party
6:00-8:00 PM Friday, July 11th 2014 (CUMC)

Postdoc Families Picnic
1:00-4:00 PM Saturday, June 14th 2014 (MSD)

Summer Postdoc Movie Night Outs
Once a month in June-August 2014 (meet up near MSD)

Postdoc Research and Career Symposium – Postdoc Awards Reception
6:30-8:30 PM Wednesday, September 17th 2014 (CUMC)

National Postdoc Appreciation Week – Dessert Extravaganza
1:00-2:00 PM Thursday, September 18th 2014 (MSD)

Postdoc Canoe Trip – Bronx River
10:00 AM – 2:00 PM Saturday, September 27th (MSD meet up)

Postdoc Holidays Party
7:00-9:00 PM Thursday, December 18th 2014 (MSD)

Postdoc Families Holidays Party
4:00-6:30 PM Friday, December 19th 2014 (CUMC)

Postdoc Ski Trip
All Day Sunday, February 22nd 2015 (MSD meet up)

Postdoc Bowling Night
Early May 2015