

OPA Winter Program Guide

Office of Postdoctoral Affairs

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<http://vesta.cumc.columbia.edu/postdoc/calendar/index.php>

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Strategic Communication Workshop Series

Excellent communication skills are required for nearly every position, especially management and leadership positions, both within and outside of Academia. Postdocs may have some experience giving research presentations and writing manuscripts, but would greatly benefit from receiving additional instruction in these areas. The first three sessions of this series will address how to deliver effective research presentations, how to communicate research to non-technical audiences, and what goes into writing excellent manuscripts. Being an effective communicator goes well beyond one's ability to write and present information and requires that one be able to manage emotions and personalities, resolve conflicts, and effectively negotiate. Developing sound approaches to professionally interact with others is critical for career advancement. The final three sessions of this series will tackle these interpersonal communication skills, including emotional intelligence, conflict resolution, and negotiation.

Postdocs interested in participating in this series must register using the link below. **Please note that attendance at 5 out of 6 of the sessions is required and a certificate of completion for the series will be awarded to those meeting this requirement.** Also note that session 6 builds upon concepts learned during session 5, and thus attendance at session 6 requires prior attendance at session 5. A pizza lunch will be provided for the last four sessions of the series.

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Each session of the series will take place on the Medical Campus, with room information being disclosed to participants after registering. The series is being cosponsored with the NYC ASCENT Program.

The individual sessions of the series include:

- 11 AM – 1 PM Friday, Jan 29th – Making the most of your presentation (Jean-Luc Dumont)
- 11:30 AM – 1:00 PM Friday, Feb 5th – Writing Research Manuscripts (Janet Kayfetz)
- 12 PM – 2:00 PM Wednesday, February 17th - Communicating Research to Non-technical Audiences (Ericka Peterson)
- 12 PM – 2:00 PM Wednesday, Feb 24th – Negotiation (Bob Bontempo)
- 12 PM – 2:00 PM Wednesday, Mar 2nd – Emotional Intelligence (Matthias Birk)
- 12 PM – 2:00 PM Wednesday, Mar 9th – Conflict Resolution (Matthias Birk)

Registration: https://cumc.co1.qualtrics.com/SE/?SID=SV_00TV31azADeszfz

Note: The first session will also be open to those not wishing to enroll in the entire series, with information and separate registration found below.

Making the Most of your Presentation

A 2 hour workshop on effective presentation skills, led by Dr. Jean-Luc Dumont

Strong presentation skills are a key to success for engineers, scientists, and others, yet many speakers are at a loss to tackle the task. Systematic as they otherwise can be in their work, they go at it intuitively or haphazardly, with much good will but seldom good results. In this talk, Dr. Dumont proposes a systematic way to prepare and deliver an oral presentation: he covers structure, slides, and delivery, as well as stage fright.

An engineer (Louvain) and PhD in applied physics (Stanford), Jean-luc is acclaimed worldwide for his no-nonsense approach, his highly applicable, often life-changing recommendations on a wide range of topics, and *Trees, maps, and theorems*, his book about “effective communication for rational minds”.

**Note that this workshop is part of the ‘Strategic Communication Series’, but is open to any interested postdoc or PhD student. Those registered for the ‘Strategic Communication Series’ do not need to separately register for this workshop.*

Date: Friday, January 29th

Time: 11:00 AM - 1:00 PM

Location: CUMC Campus **room will be disclosed to participants after registering**

RSVP: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81584>

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Career Advancement Workshop Series

These 90 minute workshops led by Rory Flinn, Director of the Office of Postdoctoral Affairs, will provide guidance, resources, and advice on CVs, resumes, cover letters, academic and non-academic interviewing, networking, and career management. These interactive workshops will occur once a month from January through June, with one session of each workshop being held on the Morningside, Lamont, and Medical campuses. Participants will walk away from these workshops with a better sense of how to manage their career, network, prepare materials for job applications, and interview for positions.

- Academic Interviewing Workshop – January 12th, 14th, and 27th
- Targeted Resume Workshop – February 3rd, 9th, and 11th
- Industry Interviewing Workshop – March 22nd, 24th, and 30th
- Career Management Workshop – April 12th, 14th, and 19th
- LinkedIn/Networking – May 10th, 12th, and 18th
- Academic CV Workshop – June 15th, 28th, and 29th

Descriptions for the Academic Interviewing and Targeted Resume Workshops can be found below:

Academic Interviewing Workshop

The first of six workshops in our new Career Advancement Series, this workshop will provide an overview on the academic interview, specifically faculty interviews. The interactive workshop will cover the different styles/types of academic interviews, the general questions commonly asked during academic interviews, as well as tips on preparing for the interview. Participants will walk away from the workshop with a better sense of how to prepare for their interviews along with practice on some of the questions they will likely need to address during their interviews. This workshop is open to all postdocs and held on both the Medical and Morningside Campuses. Register for each location by clicking the button below!

Morningside Campus

Date: January 12, 2016

Time: 12:00pm—1:30pm,

Location: Northwest Corner Building 602

Register for Morningside: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81462>

CUMC

Date: January 14, 2016

Time: 12:00- 1:30pm,

Location: Hammer 303

Register for CUMC: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81469>

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Lamont

Date: January 27, 2016

Time: 12:00- 1:30pm,

Location: Room to be announced to registrants

Registration: Please register by emailing Kuheli Dutt (kdutt@ldeo.columbia.edu)

Targeted Resume Workshop

This 90 minute resume workshop led by Rory Flinn, Director of the Office of Postdoctoral Affairs, will provide an overview of best practices in the development of a targeted resume. The interactive workshop will cover the differences between a resume and a CV, when a resume should be utilized, effective structuring of a resume, and considerations on style and formatting. Examples of resumes will be discussed and critiqued. Participants will walk away from the workshop with the tools to develop their own targeted resume.

Lamont

Date: February 3, 2016

Time: 12:00- 1:30pm,

Location: Room to be announced to registrants

Registration: Please register by emailing Kuheli Dutt (kdutt@ldeo.columbia.edu)

Morningside Campus

Date: February 9, 2016

Time: 12:00pm—1:30pm

Location: Fairchild Room 700

Registration: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81699>

CUMC

Date: February 11, 2016

Time: 12:00- 1:30pm

Location: Hammer 305

Registration: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81587>

Science Policy Career Talk

Come to this 90 minute talk to learn about a variety of science policy careers. Open to PhD students and postdocs, this talk will cover the types of fellowships that individuals can obtain to help explore these science policy careers, how one can become competitive for these positions, and what opportunities are available at specific institutions for students and postdocs. The session will be led by Yaihara Fortis-

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Santiago, PhD, the manager of the Science Alliance at the New York Academy of Sciences (NYAS). Yaihara obtained her bachelors' degree in Biology from the University of Puerto Rico and her doctoral degree in Neuroscience from Brandeis University. In 2014 she completed the Science and Technology Policy Fellowship under the American Association for the Advancement of Science (AAAS), where she was assigned to work at the National Science Foundation (NSF).

CUMC

Date: January 21, 2016

Time: 3:00PM - 5:00 PM

Location: Hammer Building, Russ Berrie 1 (RBMP-1)

Register here: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81509>

Panel on Careers in Technology Transfer, Intellectual Property, and Entrepreneurship

A panel focused on careers in Technology Transfer, Intellectual Property, and Entrepreneurship will take place in the early evening of February 4th at Columbia University. This career panel session is part of a monthly career panel series for doctoral level graduate students and postdocs at Columbia University. The goal of the career panel series is to expose trainees to a broad range of career options available to them and provide a forum for trainees to learn about the experiences of individuals who have transitioned into these careers following their graduate or postdoctoral training. The panelists will respond to moderated questions in the first half of the event, after which questions from audience members will be addressed. A networking session will follow the panel session and will include representatives from several training technology transfer and entrepreneurship training programs as well as Columbia alumni now employed in these sectors.

The Panelists have a variety of training backgrounds, including biomedical, physics, computer science, and electrical engineering. The panelists include:

Bahram Jalali, PhD

Professor and Northrop Grumman Opto-Electronic Chair in Electrical Engineering at UCLA

Carmen Chow, PhD

Scientific Advisor at Wilson Sonsini Goodrich & Rosati

Sameer Maskey, PhD

Founder & CEO at Fusemachines and Adjunct Assistant Professor at Columbia University

Satish Rao, PhD

Senior Technology Licensing Officer at Columbia Technology Ventures

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Jingwen Wang, Ph.D.

Senior Research Analyst at Pyrrho Capital Management

Date: Thursday, February 4, 2016

Time: 6:00-7:30 pm with networking reception from 7:30-9:00 PM with light refreshments

Where: Earl Hall Auditorium (third floor) on the Morningside campus

RSVP: <https://www.eventbrite.com/e/career-paths-after-the-lab-tickets-20127096688>

Clinical Boot-Camp for Basic Researchers

This three-part seminar series has been organized for postdoctoral basic science researchers interested in learning more about clinical research and what happens once a drug candidate moves out of the discovery stage and into a clinical setting. The seminar series will give basic researchers a greater understanding of the field of clinical research, particularly at Columbia, and aims to better connect researchers from the Morningside and Medical and campuses. The series is being sponsored by the Office of Postdoctoral Affairs, but was designed and organized by Jennifer Chambers, a Postdoctoral Research Fellow in the Department of Biological Sciences.

Each seminar will take place on the Morningside campus in the Fairchild building, room 1000 (10th floor). A pizza lunch will be provided at each of the seminars. Registration is **required** for **each** of the seminars, as space is limited. The topics to be covered in each seminar can be found below along with registration links for each seminar:

Seminar 1 - **Clinical Trial Process, 02/04/2016 12:00 1:00 PM**

Seminar 2 - **Precision Medicine within Pediatric Cancers 02/11/2016 12:00-1:00PM**

Seminar 3 – **Clinical Trail Design 02/18/2016 1:00 – 2:00 PM**

Seminar 1- Clinical Trial Process

This seminar will be led by [Dr. Richard Carvajal, M.D.](#) and will discuss the clinical trial process and how translational medicine feeds into this work. His talk will provide an in-depth look at each phase of clinical trials, the challenges of moving from a research lab into the clinic, and include examples of translational medical research happening at Columbia.

Register for 02/04: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81588>

Seminar 2- Precision Medicine within Pediatric Cancers

This seminar will be led by [Dr. Julia Glade Bender, M.D.](#), and [Dr. Anthony Sireci, M.D.](#) and will discuss the role of precision medicine within the context of pediatric cancers. Drs. Bender and Sireci will

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discuss how they are working to bring forward targeted agents through clinical trials and the ways that genomic sequencing and precision medicine are shaping disease treatment.

Register for 02/11: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81589>

Seminar 3- Clinical Trial Design

This seminar will be led by [Dr. Shing Lee](#) and will focus on clinical trial design. Dr. Lee will discuss the features of a well-designed clinical trial, as well as her work on developing new statistical methods for evaluating targeted cancer therapies.

Resister 02/18: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81590>

Elsevier Site Visit

A major objective of Elsevier is to provide early career researchers with an in-depth view of publishing as a viable career opportunity. On February 26th, Elsevier's NYC office will host student and postdoc trainees from Columbia and Memorial Sloan-Kettering Cancer Center to explore careers in the publishing sector, to discuss the current publishing landscape and to provide an overview of available advancement resources. The event will also include an Elsevier panel that delves into individual career paths and Q&A by the trainees. Attendees will be encouraged to network and form connections with the speakers, panelists and other Elsevier colleagues to get additional one-on-one guidance into publishing career opportunities.

Serious and committed registration requests only, as there are only 18 spots available.

Date: Friday, February 26th

Time: 8:45 AM – 1 PM

Location: Elsevier Publishing (midtown Manhattan, precise address only given to registrants)

Registration: <https://calendar.columbia.edu/sundial/webapi/register.php?eventID=81530>

Postdoc Ski Trip to Hunter Mountain

We are happy to announce that our annual Postdoc Ski Trip to Hunter Mountain will be on 02/21/2016! Once again OPA will provide free transportation to and from Hunter Mountain. We have secured a discounted group rate for lift and ski/snowboard rentals. Join your fellow postdocs for a day of skiing/snowboarding at Hunter Mountain!

Date: Sunday, February 21st

Time: 6am (leave from 116th and Broadway) - return at 7pm (116th and Broadway)

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The discounted ticket rates:

\$46 per person— Lift Ticket

\$33 per person— Ski/snow board Rental

\$59 per person— Beginners Package (lower mountain lifts, rentals, group lesson)

You can bring one guest but space is very limited so please reserve your seat ASAP by emailing us at Postdocaffairs@columbia.edu with the subject line: SKI TRIP.

We will be accommodating postdocs first and then any guests on a first-come first-served basis. Once we receive your email request we will send you a “Release Form” which you will need to sign and return to OPA prior to the trip.

New Postdoc Orientation

In an effort to acclimate new postdocs to Columbia University, we would like to offer a first look at the resources available at the University. Discussion includes a brief rundown of benefits and the services available to Postdocs University-wide and through the Office of Postdoctoral Affairs.

If you know a new postdoc here, please share this information with them, as they might not yet be on the postdoc mailing list.

CUMC

Date: January 22, 2016

Time: 4:30pm—5:30pm, *Postdoc Happy Hour immediately following orientation*

Location: Hammer 410

RSVP: Please email postdocaffairs@columbia.edu to RSVP

Postdoc Happy Hour

It's that time again! Come meet and mingle with some of your fellow postdocs while enjoying a few drinks...on us! All postdocs are welcome to attend the happy hour regardless of their campus affiliation.

CUMC

Date: January 22, 2016

Time: 6:00PM - 8:00 PM

Location: Riverview Lounge, Hammer Building

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Postdoc Coffee Hour

These coffee/tea hours are a great way for you to meet other postdocs and hear about upcoming events. The coffee/tea hour is informal and you can stop by for as long as you would like for some refreshments and snacks.

CUMC Campus

Dates: 01/14, 01/28, 02/11, 02/25

Time: 3:30pm—4:30PM

Location: Hammer Room 310

Morningside Campus

Dates: 01/21, 02/04, 02/18, 02/25

Time: 3:30-4:30PM

Location: Fairchild Room 800

Grants Course and Research Ethics Course

Grants Course:

<http://www.grantscourse.columbia.edu/>) 5-7 PM on January 28th, February 4th, February 11th, February 25th, March 10th, March 31st, April 14th in Hammer 301.

Responsible Conduct of Research Course:

<http://www.researchethics.cumc.columbia.edu/>) 1-2 PM on January 29th, Feb 5th, Feb 19th, Feb 26th, March 4th, March 11th, April 1st, April 8th, April 15th, April 22nd in Russ Berrie room 1